

### 21st Century Skills

*Encourage your child to*

- solve everyday problems on their own and by collaborating with others
- be an independent thinker
- set and achieve goals
- take on household responsibilities
- express ideas and feelings in a variety of ways
- use print resources and digital tools for inquiry, research, productivity, and enjoyment

### English-Language Arts

*Encourage your child to*

- create a comfortable reading spot and a daily reading routine
- record themselves reading
- describe or act out a story's characters, settings, and events
- explain the main ideas and key details of a piece of nonfiction
- attend events at the public library
- read poems
- keep a diary or story journal
- create a new ending for a story
- practice writing sight words with chalk, paint, or other mediums
- answer open-ended questions

### Mathematics

*Encourage your child to*

- count, add, and subtract while helping to prepare meals or do household tasks
- tell you how they solved a problem
- count forwards and backwards during tasks like brushing their teeth
- practice counting by 2s, 5s, and 10s
- play games using dice and cards
- practice addition and subtraction facts
- show coin amounts in various combinations
- find shapes and patterns in the world
- practice telling time on different types of clocks

### Music

*Encourage your child to*

- listen to music from a variety of cultures and genres
- move, clap, dance, drum to a musical beat
- sing a variety of songs
- enjoy community concerts with family and friends
- Make up new songs for daily tasks like washing hands

### Science

*Encourage your child to*

- collect, sort and compare rocks
- describe ways earth materials are used in your home
- observe plants, animals, and insects at home, in forests, zoo, or nature area
- use a magnifying glass to examine plants and insects close up
- care for a houseplant or garden and record changes observed

### Social Studies

*Encourage your child to*

- go with you to vote
- participate in a community cleanup project
- discuss how your family makes a budget and chooses between wants and needs
- explore an atlas or online globe
- make a map of their bedroom, yard, home, or imaginary place
- talk with an elder and make comparisons about their lives

### Visual and Media Arts

*Encourage your child to*

- arrange objects in a still life to draw
- stamp or print to create patterns
- recognize art in everyday life
- keep a sketchbook to draw and identify things they see
- use art terms to describe things viewed in a movie or cartoon

### Health and Physical Education

*Encourage your child to*

- help plan fire drills, check smoke detectors, and make emergency plans
- wear proper safety equipment like seatbelts and helmets
- practice good personal hygiene
- help choose and prepare healthy snacks and meals
- be active for at least 30 minutes daily outside of school
- limit electronics usage
- try new fruits and vegetables
- plan family activities like hikes or bike rides