

Community Education

*Building Bridges Through
Lifelong Learning*

ISD 709 DULUTH PUBLIC SCHOOLS
www.duluthcommunityed.org

SPRING/SUMMER 2023

**Registration starts
April 3rd!**

Exciting class opportunities
in-person and on-line.

ISD
709

Duluth
Public Schools



- Early Childhood
- KEY Zone/Youth
- Adult Enrichment Classes
- And more...

Lace Up



This winter is one to remember for many reasons, including the significant amount of snow that fell. With the coming of spring, there is often anticipation for a change in pace, activities, and footwear in Minnesota. Snow Boots turn to rainboots, and rainboots turn to sandals. Our activities often change too. The sound of a snowmobile on a Minnesota lake eventually turns to the sound of a jet ski. Ice Fishing huts transform into fishing boats, and a nordic skier may take the form of a swift and silent kayaker.

Another thing that has changed is our local Community Education classes. Some of the same courses and activities continue, and new classes begin, accentuating the seasonal shift. Community Education has been reaching out to our local community, growing our circle, and onboarding new teachers, activities, and participants. You may be reading this catalog for the first time or have read our publication for decades. Regardless of the length of time you have engaged with our community, we encourage you to try something new. Participate in the classes you love and have been a part of for a long time, and maybe try on something new—try “footwear” that brings you to new places and gives you new experiences, adding your richness to those who unknowingly wait to meet you.

We are grateful to act as a conduit for creating meaningful space to share and learn. If you have ever thought about teaching a community education class or participating in one, we encourage you to reach out and see where your curiosity takes you. Grab some footwear for adventure, lace up, and see what awaits.



Our Mission

To provide and continually improve lifelong learning opportunities that complement and support the school district educational programs. Community Education provides opportunities for all ages through classes and activities which serve people's social, recreational, enrichment and academic needs.

Community Education DIRECTORY

Academic Excellence Online

High School

218-336-8766

11 E. Superior St., Suite 140, Duluth, MN 55802

Aquatics

218-310-8124

www.lsscaquatics.com • haleathers@lsscaquatics.com

Area Learning Center

218-336-8756

11 E. Superior St., Suite 140, Duluth, MN 55802

District Office

218-336-8760

4316 Rice Lake Road, Suite 108 • Duluth, MN 55811

Driver Education

218-336-8760 x. 3

301 North 40th Avenue East • Duluth, MN 55804

Duluth Adult Education

218-336-8725

325 W. 1st St., 3rd Floor • Duluth, MN 55802

Duluth Preschool

218-336-8815 x. 2

4316 Rice Lake Road, Suite 108 • Duluth, MN 55804

Early Childhood

218-336-8815 x. 1

4316 Rice Lake Road, Suite 108 • Duluth, MN 55811

K.E.Y. Zone Billing and Registration

218-336-8760 x. 6

720 North Central Avenue • Duluth, MN 55807

Lincoln Park Middle School

Community Education Office

218-336-8760 x. 5

3215 West 3rd Street • Duluth, MN 55806

Ordean East Middle School

Community Education Office

218-336-8760 x. 1

2900 East 4th Street • Duluth, MN 55812

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Employment is Ageless

Are you 50 or older and Want Help Getting a Job?

- Individual help
 - Discover your strengths
 - Computer skills training
 - Resume, applications & interview help
 - Paid work experience
 - Support services
 - Help finding a job

Contact Leslie (218) 730-5221
lperrett@duluthmn.gov
 Duluth Workforce Development

CLASS LOCATION CODES

Denfeld High School (DEN)
 Lincoln Park Middle School (LIN)
 Ordean East Middle School (ORD)
 Piedmont Elementary (PIED)
 Myers Wilkins Elementary (MYW)
 Laura MacArthur Elementary (LMAC)



Find us on Facebook at
www.facebook.com/duluthcommunityed

Send us an email at
communityeducation@isd709.org

Visit our website
www.duluthcommunityed.org

WHAT DO THE NEW CLASS SYMBOLS MEAN?



Class will meet virtually on a specific time and day. Participants need to have access to a computer/laptop or phone to view and participate. See descriptions for details.



Class is pre-recorded and can be viewed at any time on your computer/laptop or phone. Some of these classes have optional virtual meets for class discussions and Q/A. See descriptions for details.

Youth

BABYSITTER TRAINING

Instructor: Michelle Libby

This course will provide you with the necessary leadership skills and equip you with the essential care giving skills and safety prevention methods to be a top notch babysitter, giving parents the peace of mind to leave their children in your care. You must be entering grade 5 or older.

#1890 ORD 6/5-6/6 Mon/Tue 5:00-8:00 PM 2 Mtg \$25

YOUTH TENNIS CAMP



Instructor: Kayelyn McDonald

Smash Tennis uses the QuickStart Tennis Program with special pressurized balls for each tennis group. Each day focuses on one specific stroke while using correct technique and ends with a game to develop the love of tennis. Scoring will also be taught to Smash Tennis Lessons with the goal of playing real tennis games by the end. Please bring your tennis racket and a water bottle! Tennis camp held at Laura MacArthur Elementary Tennis Courts (720 N. Central Ave).

#5580 LM 7/10-7/20 M-Th 8 Mtg

Junior Smash Tennis Lessons

Age: Kindergarten-3rd grade

Date: Monday-Thursday, 7/10/23-

7/20/23 Time: 3-3:45pm Cost: \$40

Smash Tennis Lessons

Age: 4th-8th grade

Date: Monday-Thursday, 7/10/23-7/20/23

Time: 4:00-5:00pm Cost: \$50



STOP-MOTION ANIMATION

Instructor: Debra Hannu

Design and build several clay pieces including a bobblehead and a Japanese tabletop garden. Grades 6-8 Additional \$10 materials fee due at class.

#7032 ORD 6/20-6/23 Tue-Fri 8:30-11:30 AM 4 Mtg \$45

PRIMARILY ART



Instructor: Stephanie Brenning

Primarily Art Summer Classes may include clay and a variety of paints. Younger students should wear play clothes. Please bring a water bottle. Snack is optional and provided. Each week will have a different theme. Grade level is a recommendation.

Location: Ordean East

Lab Fee: \$25 to be paid to instructor at class time.

Registration Fee: \$45

June 12-15 Mon-Thurs Theme: Bugs

#7022A K-2 8:30-10 Theme: Bugs

#7022B 3-5 10:30-12 Theme: Bugs

#7022C 6-8 12:30-2 Theme: Bugs

June 20-23 Tues-Fri Theme: Sea Life

#7023A K-2 8:30-10 Theme: Sea Life

#7023B 3-5 10:30-12 Theme: Sea Life

#7023C 6-8 12:30-2 Theme: Sea Life

June 26-29 Mon-Thurs Theme: Jewelry, Fiber Arts, Weaving

#7024A K-2 8:30-10 Theme: Jewelry, Fiber Arts, Weaving

#7024B 3-5 10:30-12 Theme: Jewelry, Fiber Arts, Weaving

#7024C 6-8 12:30-2 Theme: Jewelry, Fiber Arts, Weaving

July 10-14 Mon-Thurs Theme: Create your own board game

Bring in your retired board games, some provided. Students will paint over them to create their own custom laughs!

#7025A K-2 8:30-10 Theme: Create your own board game

#7025B 3-5 10:30-12 Theme: Create your own board game

#7025C 6-8 12:30-2 Theme: Create your own board game

July 17-20 Mon-Thurs Theme: Variety

#7026A K-2 8:30-10 Theme: Animal Life

#7026B 3-5 10:30-12 Theme: Paper arts: book making, quilling, paper baskets.

#7026C 6-8 12:30-2 Theme: Paper arts: book making, quilling, paper baskets

Arts, Crafts & Hobbies

ALTERED AND REDACTED: CREATIVE BOOKS AND POETRY

Instructors: Mary Lovold and Debra Hannu

Use chosen segments of a discarded book to create your own new book or journal within it's pages. Learn various methods of creating altered book pages, from doors and windows, drawers, 'spinnny' features, stitching and more, while utilizing poetry, prose, and art as a vehicle for creative expression (and stress reduction!). Samples of altered books and redacted poetry, prose, and art supplies will be available for participants to experiment with. Work across literacies and explore these engaging techniques for a new, therapeutic form of journaling / creating. No experience necessary. Additional supply fee of \$20 due to instructors at class.

#2050 ORD 5/24-5/31 Tue 6:00-8:00PM 2 Mtg \$45

BATS, BIRDS, & BUTTERFLIES

Instructors: Ron Weber

Build your backyard/garden sanctuary with a new home for the bats, birds, or butterflies (you choose). We'll supply materials, ideas, and proven designs to make this happen. Additional materials fee of \$10-15/project. Youth under the age of 18 must be accompanied by an adult.

#5105 LIN 4/19 Wed 6:30-9:00 PM 1 Mtg \$10

CANOE PADDLES

Instructors: Ron Weber and Bill Majewski

Custom paddle designs, construction, and detail to suit your preferences. Choose bent or straight-shafted paddles with solid or laminated construction. Design help and material available in class make this an easy way to personalize your paddling experience. There will be work time during class, but participants should plan on also working from home. Materials and gluing extra charge discussed in class (about \$30). Minimum age 16 with adult supervision.

#5011 LIN 4/17-5/1 Mon 6:30-9:00 PM 3 Mtg \$20

DRAWING FUNDAMENTALS: LANDSCAPE/ OUTDOOR SKETCHING

Instructor: William Wise

This drawing course will review gestural and other techniques to get accurate drawings on the paper. We will draw images of outdoor subjects (buildings, landscapes, etc.) projected in the classroom. We will learn the classic technique of Sight-Size and review the basic rules of perspective as we progress to translating what you see outdoors onto the paper. This course is useful for people wanting to draw while traveling or exploring their own backyard. It is open to all skill levels. Materials list available on registration website.

#2008 ORD 5/10-5/31 Wed 5:30-8:30 PM 4 Mtg \$80

FUSED GLASS SUNCATCHERS

Instructors: Chrissy Valento

Come create two fused glass 'suncatchers'. Each will be unique and about the size of your hand. Great for gifts or to keep for yourself. Glass fusing can be addicting, so watch out! Beginners or advanced students are welcome. Additional materials/kiln fee of \$35 paid to instructor at time of class. Under 16 must be accompanied by a parent/guardian while in class.

#5061 LIN 4/27 Thur 6:00-8:00 PM 1 Mtg \$25

IDENTITY PORTRAITS

Instructors: Deb Hannu and Mary Lovold

Creative expression gets personal! Experiment with techniques using prose, poetry, imagery and art as a vehicle for exploring your identity. You'll find skills and ideas to connect with your culture, your ancestors, and yourself. Bring a current personal selfie / headshot to get started, as well as a small object that represents the past you - or the future you! No experience necessary; just a willingness to dig in! You'll find a therapeutic and engaging experience. Materials fee of \$20 payable to instructors at class.

#2055 ORD 4/24-5/2 Tue 6:00-8:00 PM 2 Mtg \$20

LINOLEUM PRINTING - GREETING CARDS



Instructor: Chrissy Valento

Let's print our own handmade greeting cards! In this class, you will be working with an easy to use linoleum material, in which you will carve out your own design and print onto paper with Blick brand printing ink. The ink is water soluble and does not stain clothing. Carving and printing is a ton of fun; all you have to bring is your creativity! All materials included in the additional \$25 materials fee due to the instructor.

#5029 LIN 5/11 Thu 6:00-8:00 PM 1 Mtg \$25

MATting MOUNTING AND FRAMING

Instructor: Deb Hannu

Learn tips and tricks for taking care of your photographs and artwork yourself! With just a bit of skill and some simple tools, you can easily mat, mount and frame work yourself, instead of using a frame shop. Personalize your walls and save some money by doing it yourself. Instructor will give you guidance on sizing, color, framing ideas and more. \$5 materials payable to instructor at class.

#2048A ORD 5/25 Wed 6:00-8:00 PM 1 Mtg \$10

#2048B ORD 6/15 Thu 6:00-8:00 PM 1 Mtg \$10

SCANDINAVIAN SAMI INSPIRED BRACELETS

Instructor: Cindy Ericksmon

Come and learn to craft your beautiful Scandinavian Sami-inspired bracelet using traditional Sami techniques. New patterns and silver beads and new Colors; poppy, navy, mulberry, steel and sky. All materials are imported from Sweden and include: imported 4% silver Scandinavian thread, reindeer leather and shed reindeer antler button. Bracelets are custom made, so you will need the wrist measurement if giving as a gift. Additional supply fee of \$45 due to the instructor at class (cash or check).

#2084A ORD 3/28 & 3/30 Tue/Thu 6:00-9:00 PM 2 Mtg \$25

#2084B ORD 4/18 & 4/20 Tue/Thu 6:00-9:00 PM 2 Mtg \$25

#2084C ORD 5/16 & 5/18 Tue/Thu 6:00-9:00 PM 2 Mtg \$25

Cooking

CUCINA ITALIANO: 4-Step Lasagna

Instructor: Jolane Belcastro Sundstrom

Come to class and be shown how to prepare a delicious mouth-watering vegetarian lasagna in 4 easy steps. Instructor will demonstrate the process, provide recipes, and serve up a delicious family-style Italian meal. Bring an additional \$10 to class for supplies.

#2223 ORD 5/3 Wed 5:45-8:00 PM 1 Mtg \$20

TASTE OF INDIA

Instructors: Ilone Hamilton

Take your taste buds on a journey to India and join us in learning how to use a variety of aromatic spices to create some of the most iconic Indian dishes: naan, curried spinach soup, vegetarian korma, spicy basmati rice with peanuts, and chickpea curry. Additional supply fee of \$15, to be paid to instructor at time of class.

#5221 LIN 5/22 Mon 6:00-8:30 PM 1 Mtg \$10

TEA AND SCONES

Instructor: Ilone Hamilton

Ah, there's nothing like a tender, steaming scone in the morning. They're quick, they're easy, and with a few tips, they are absolutely delectable. Come learn the tricks to making those flakey, tender scones that you've been dreaming about. When all the baking is complete, sit down, relax and sample a variety of tea with your scones. Additional supply fee of \$15 to be paid to instructor at time of class.



#5235 LIN 5/8 Mon 6:00-8:30 PM 1 Mtg \$10

Dance

BALLROOM DANCING

Instructor: Keith Miernicki

We will start slow and spend time learning the basic footwork for the Cha-Cha, Rumba, Tango, and Foxtrot (2 step). Once you learn the basic steps, we add turns and twirls. Each night starts with a review of the steps learned the week before.

Singles are always welcome. Life is short, learn to dance.

#5402 LIN 5/16-6/6 Tue 7:00-8:00 PM 4 Mtg \$20

BEGINNER BELLY DANCE I

Instructor: Debbie Poldoski

This class will introduce you to the building blocks of belly dance with basic dance movement, technique and combinations. Wear comfortable clothing.

#5401 LIN 4/19-5/31 Wed 7:05-8:05 PM 6 Mtg \$30

BEGINNER BELLY DANCE II

Instructor: Debbie Poldoski

The spring session is a closed session only open to those who took the Winter session. There will be an optional student show at the end of the session.

#5403 LIN 4/19-5/31 Wed 6:00-7:00 PM 7 Mtg \$35

DULUTH INTERNATIONAL FOLK DANCE

Instructor: Kathie Haney, Dianne Dorland

Join the long running Duluth International Folk Dance class. Classes are ongoing and you may start any time.

Come dance in a friendly, welcoming environment.

Covid-19 vaccinations are strongly recommended because of the proximity of dancing. We will learn dances from all around the world and no partners are necessary.

Dances are taught the first hour and the second hour

focuses on requests from participants. Street shoes are not allowed on the gym floor, bring appropriate inside shoes that have not been worn outside. Class takes place at Lincoln Park Middle School. No class 5/29.

#5404 LIN 4/17-6/5 Mon 6:45-8:45 PM 7 Mtg \$5

INTRODUCTION TO BALLROOM DANCE

Instructors: North Shore Ballroom instructors

Thorough dance instruction in the smooth ballroom styles including the Waltz, Tango and Foxtrot. You will learn the basics of ballroom dancing and have fun along the way.

#2400A ORD 4/19-5/24 Wed 6:30-7:20 PM 6 Mtg \$50

#2400B ORD 6/14-7/19 Wed 6:00-6:50 PM 6 Mtg \$50

INTRODUCTION TO LATIN DANCE

Instructors: North Shore Ballroom instructors

Spice things up with the rhythm dances. This class will introduce you to the ChaCha, Rhumba, swing dance and Salsa.

#2430A ORD 4/19-5/24 Wed 7:30-8:20 PM 6 Mtg \$50

#2430B ORD 6/14-7/19 Wed 7:00-7:50 PM 6 Mtg \$50

SWING DANCING

Instructor: Keith Miernicki

A,B,C Swing Dancing: Geared toward the absolute beginner. Check "learn to dance" off your bucket list, prepare for a specific event, or just come and have a little fun learning to dance. Start at the beginner level and move slowly, adding a few steps each week. Life is short, learn to dance. Classes are very casual and fun. Singles welcome. No class 2/1, 2/15, 2/22.

#5412 LIN 4/18-5/9 Tue 7:00-8:00 PM 4 Mtg \$20

General Interest

5 KEYS TO RETIRING FEARLESSLY

Instructors: Jordan A. Fahlsing and Kevin J. King

Do you know what next steps to take so you can retire? We can help. Join us for 5 Keys to Retiring Fearlessly, a free workshop with insights to help you achieve your retirement goals, by answering the following questions: Will I have enough to retire? Will my retirement income last? Are my assets protected? In this workshop we'll also explore how understanding the tax status of retirement investments can help you make informed decisions and avoid paying more than your fair share.

#5165 LIN 5/3 Wed 6:00-7:00 PM 1 Mtg \$5
#2157 ORD 5/17 Wed 6:00-7:00 PM 1 Mtg \$5

ABC&Ds OF MEDICARE

Instructors: Celeste Plunkett

This is an educational presentation that will provide a foundation of understanding of Medicare, one letter at a time.

#2195A ORD 4/19 Wed 5:30-6:30 PM 1 Mtg \$5
#2195B ORD 5/2 Tue 5:30-6:30 PM 1 Mtg \$5
#2195C ORD 6/6 Tue 5:30-6:30 PM 1 Mtg \$5

ASTROLOGY, NUMEROLOGY AND THE WHEEL OF PREDICTABILITY

Instructor: Pam Losasso

"The Wheel of Predictability" is Pam's modern version of a horoscope in which she utilizes your date of birth, Numerology and the Houses of Astrology to explore the predictability of life experiences. Discover the hidden meaning of numbers in your date of birth and the numeric formula that reveals when you may be faced with predestined life events, potential opportunities and/or challenges throughout 2023. Additional supply fee of \$25 to be paid to the instructor at class time.

#2115 ORD 4/24 Mon 6:00-8:00 PM 1 Mtg \$15

ASTRONOMY FOR EVERYONE

Instructor: Bob King

Want to learn more about what's twinkling overhead at night? Get all the latest space news? Join us for four weeks of heaven as we survey the sky. We'll use the planetarium to get better acquainted with the current constellations, planets and deep-sky objects. On clear nights after class, we'll meet at Hawk Ridge to see these spectacular sights through a telescope. Class will be held in person at the UMD Marshall Alworth Planetarium. Please bring an additional \$8.00 fee per person that will go toward supporting UMD planetarium programs, payable to UMD and given to the instructor the first night of class.

#2190 UMD 4/18-5/9 Tue 7:00-8:30 PM 4 Mtg \$17

BEGINNING BACKPACKING (WOMEN AND NON-BINARY)

Instructor: Anna Swarts

For self-identifying women and nonbinary folks, this series is designed to help you gain the skills and confidence to get out on the trail for a backpacking trip and connect you with likeminded people. All sessions will include hands-on practice and most will have an outdoor component. You can attend all sessions or just the ones that fit your interest and schedule. More information will be sent out via email to participants before the class.

#5196 LIN 4/18-5/2 Tue 5:30-7:30 PM 3 Mtg \$28



BACKING UP YOUR COMPUTER BEFORE IT'S TOO LATE

Instructor: Sara Reimann

People produce hundreds and sometimes thousands of files every year but fail to take adequate steps to preserve their data. Why? Computers get infected and accidents happen, but even after losing an important document, irreplaceable photo, or entire sets of financial records, some folks still don't take the time. The reason is, backing up takes some effort. But thanks to new software, hardware, and services, it's easier than ever. In this class, we take a look at the types of backups available, as well as the tools you'll need to pull it off, with as little work as possible.

#5613 ONLINE 5/2 Tue 5:30-7:30 PM 1 Mtg \$29



BASIC BACKYARD BIRD FEEDING

Instructor: Julie O'Connor

Decoding the variables of bird feeding: food, feeders, species and seasons. Stop buying seed that birds don't eat and feeders that birds don't use... the squirrels, deer and bears can find their own food! With a few simple tips, you'll increase the variety and number of birds coming to your feeders and decrease the dollars you spend on wasted food. We'll cover nectar, seeds, suet and nuts, as well as different feeder types.

#5666 ONLINE 5/10 Wed 6:30-8:00 PM 1 Mtg \$20

BASIC NAVIGATION WITH A MAP AND COMPASS

Instructor: Anna Swarts

In this class, we will learn the basics of maps, compasses, and using them together to get ourselves from point A to B. Plan to start indoors and move outdoors for hands-on practice. Wear outdoor clothing and footwear and prepare for the chance of mud. All abilities welcome: please note if you have mobility challenges or other needs during registration so that accommodations can be made. Optional: if students would like to purchase a compass to take home they can bring \$17 to be paid to the instructor the night of class.

Session A (5/9) is set aside for those who self-identify as women or non-binary; Session B (5/16) welcomes all who would like to participate.

#5195A LIN 5/9 Tue 5:30-7:30 PM 1 Mtg \$14

#5195B LIN 5/16 Tue 5:30-7:30 PM 1 Mtg \$14

BROADENING YOUR KNOWLEDGE OF INVESTING

Instructor: Rebecca Hudoba

This seminar is designed to help you by increasing your knowledge beyond your current investments. It is an expanded look at the "how" of creating an investment strategy as well as the investment components that form your financial picture. We'll also discuss investing as a process and a journey toward your goals. Presented by an experienced financial advisor. Must be 18 years or older to attend.

#2196 ORD 5/11 Thu 7:00-8:30 PM 1 Mtg \$5

General Interest



CLEAN UP CLUTTER AND ORGANIZE YOUR MIND

Instructor: Yana Stockman

Do you ever wonder why your home doesn't look like the ones in the magazine or how come your life seems so messy or disorganized? Introducing the "21-Day Guide" which will focus on changing your clutter habit, help you get organized and allow you to find extra space, more time, and feel better about your current lifestyle.

#2117 ONLINE 7/11 Tue 6:00-7:00 PM 1 Mtg \$25

CONFIDENT RETIREMENT: Tax Planning

Instructors: Conrad B. Hjort and Brian Johnson

Taxes reduce your income in retirement. How can you reduce taxes on your retirement savings? Is Social Security taxable? When should you pay taxes? WHO should pay your taxes? How does my estate plan affect my taxes? Learn ways to reduce your taxes both now AND in the future.

#2407 ORD 5/2 5:00-7:00 PM 1 Mtg \$5

CONTAINER GARDENING FOR VEGETABLES

Instructor: Scott Vesterstein

Growing your own vegetables is easy, fun and anyone can do it. Discover which varieties of your favorite vegetables grow well in a container



and can thrive in our Northland climate. Students will receive a planting guide and a packet of seeds to take home and begin their own container garden. Proceeds benefit Second Harvest Food Bank.

#2110 ORD 4/25 Tue 6:00-7:00 PM 1 Mtg \$10

DEATH AND AFTERLIFE IN SELECTED RELIGIONS

Instructor: Tom O'Neill

We will study the reality of death and the afterlife in selected religions and modern ideas. Topics will include: the Egyptian Book of the Dead, the Jewish afterlife, Christian ideas of Heaven and Hell, the Muslim beliefs and modern secular ideas.

#2132 ORD 4/20-5/25 Thu 6:30-9:00 PM 6 Mtg \$20

DECLUTTER YOUR HOME

Instructor: Amanda Robertson

Do you feel defeated by the clutter in your home? Let me walk you through a simple process that we can apply to any space from your junk drawer to your bedroom. We will cover specific rooms, special cases such as paperwork and collections, and resources in our area to help you with the process. Leave feeling encouraged and capable of reclaiming your space!

#1125A ORD 5/25 Thu 6:00-8:00 PM 1 Mtg \$15

#1125B ORD 6/13 Tue 6:00-8:00 PM 1 Mtg \$15



EFFECTIVE USE OF TIME TO STAY FOCUSED AND ACCOUNTABLE

Instructor: Yana Stockman

Time moves quickly and there are only 24 hours in a day to accomplish all of your important things?

Learn how to manage your time, day, and life more effectively and efficiently using these 4 key elements: Manage, Focus, Avoid, and Limit. These are the tools; come join the process, practice the skills, and learn 101 ways to minimize your procrastination.

#2118 ONLINE 6/13 Tue 6:00-7:00 PM 1 Mtg \$25

ELDER LAW

Instructor: Jeffrey Wencil

This class is for those in their Golden Years, and adult children, who are helping Mom and Dad make the best out of their retirement years. We'll talk about scams targeted at senior citizens ("grandparent" scams, Medicare and Social Security scams, and identity theft, among many); reverse mortgages and how they operate; financial planning, Social Security, and retirement savings; long-term health care planning; and perhaps most importantly, ways to identify and prevent elder abuse and fraud.

#2167 ORD 5/22 Mon 6:00-8:00 PM 1 Mtg \$5

FLY CASTING INSTRUCTION

Come learn how to fly cast, or to improve your fly casting skills. Bring your own fly rod, reel, and fly line. Some fly casting equipment will be available.

Instructor is a certified casting instructor through the Fly Fishers International. Must be 15 years or older.

#5019 LIN 5/11-6/1 Thu 7:00-8:30 PM 4 Mtg \$50

FLY FISHING KNOT TYING

Learn the knots you will need on the water when fly fishing. This is a hands-on class in which you will learn the fly fishing knots from fly line to tippet. Class focuses on knots, not tying flies. Instructor is a member of Fly Fishers International. All materials are provided. Minimum age 12 (age 18 and under must be accompanied by an adult).

#5016 LIN 4/20-4/27 Thu 6:00-8:00 PM 2 Mtg \$15



General Interest

FOLLOW THE FLOW: AN EARTH DAY CLEAN WATER ADVENTURE

Instructors: Ryan Ihrke, Western Lake Superior Sanitary District staff

Curious about where the water goes when you flush? The Western Lake Superior Sanitary District collects and processes wastewater from residents and industries in a 530-square-mile region in St. Louis and Carlton counties. Participants will get a special behind-the-scenes facility tour to learn the science and see the biological processes used to clean water, create renewable energy, and protect public health and our environment. The tour is indoor/outdoor and moderately strenuous, including stairs and uneven surfaces. Minimum age 5. Under 18 must be accompanied by an adult. Tour is free but please register on Community Education website.

#5604 LIN 4/22 Sat 10 AM-12 PM 1 Mtg Free

HELPING YOU THROUGH THE MEDICARE MAZE: PARTS A, B, C, & D

Instructor: Scott A. Fahlsing, FIC, LUTCF

Have you ever asked yourself the question: "How does Medicare work?" Learning the Medicare lingo is the first step in understanding how Medicare works. There are lots of letters, types of supplemental plans, and new terms to understand. Bring your questions and come ready to learn from someone who has more than 25 years of experience with Medicare plans.

#5151 LIN 4/19 Wed 6:00-7:00 PM 1 Mtg \$5



HOW TO BUILD STRONG COMMUNICATION IN ANY RELATIONSHIPS

Instructor: Yana Stockman

One of the most important factors in any successful and long-lasting relationship is communication. This class will provide insight into our own and other people's behavior. We'll consider your existing relationships, including the relationships with your family, friends, and business relationships. You will learn ways to prevent or resolve conflicts in relationships.

#2120 ONLINE 5/23 Tue 6:00-7:00 PM 1 Mtg \$25

HOW TO KEEP THE FAMILY CABIN IN THE FAMILY

Instructor: Raymond J. Peterson

An experienced estate planning attorney will discuss different types of ownership structures for cabins including passing the cabin from one generation to the next, maintaining family harmony, shared costs, ownership transfer and endowments.

#2145 ORD 6/20 Tue 6:00-7:30 PM 1 Mtg \$5

CLASS LOCATION CODES

Denfeld High School (DEN)	Piedmont Elementary (PIED)
Lincoln Park Middle School (LIN)	Myers Wilkins Elementary (MYW)
Ordean East Middle School (ORD)	Laura MacArthur Elementary (LMAC)

INTUITION: THE KEY TO SELF-EMPOWERMENT

Instructor: Pam Losasso

Introductory class on learning the things you can do now to develop your sixth sense and heighten your awareness of the events taking place in your life.

#1235 ORD 4/17 Mon 6:00-8:00 PM 1 Mtg \$15

LEARN TO PLAY BRIDGE BETTER

Instructor: Laird Schaub

This course will assume a basic understanding of how bridge is played, but no level of expertise or accomplishment is required—all you need is curiosity and an appreciation for playing cards. Come with a partner or come alone. We'll supply the cards, and match you with a partner if you need one. Each evening will start with about half an hour of instruction and an opportunity to ask questions—then we'll play cards! There will be an experienced player at every table to offer advice and explanations as we go along.

#1126 ORD 4/18-6/6 Tue 6:30-8:30 PM 8 Mtg \$40

LEAVE NO TRACE AWARENESS

Instructor: Anna Swarts

Do you like to camp and recreate outdoors? Join us for information on how to minimize your impact on the natural area you're visiting. If weather permits, this class will take place mostly outdoors. Please dress accordingly.

#5175 LIN 5/18 Thu 5:30-7:30 PM 1 Mtg \$6

LEGAL ESTATE PLANNING

Instructor: Carrie L. Schneider

An experienced estate planning attorney will discuss and explain information about legal estate planning topics such as: wills, trusts, probate, and power of attorney.

#2129 ORD 5/10 Wed 6:00-7:30 PM 1 Mtg \$5

NAVIGATING FOOD ALLERGY AND SPECIAL DIETARY NEEDS

Instructor: ALEIA Project: Emily Homan, Erica Hanson, Rose Sterling

Are you a parent, grandparent, teacher, daycare provider, coach, youth leader, coworker, or friend to someone with food allergy? Whether you are avoiding top-9 allergens, or just want to have a better understanding of food allergy this learning session is for you! Learn what a food allergy is, how to manage daily life, what the signs of a reaction are and how to respond. This learning session is led by co-founders of ALEIA Project Allergy Awareness.

#5164 LIN 5/8 Mon 6:30-8:00 PM 1 Mtg \$5

NURSING HOME AND PERSONAL ASSETS

Instructor: Carrie L. Schneider

An experienced estate planning attorney will discuss and explain: what happens to a person's assets when he/she needs long term care (nursing home); options and risks in protecting assets; a person's home and nursing home resolution; and process for applying for medical assistance.

#2169 ORD 4/26 Wed 6:00-7:30 PM 1 Mtg \$5

General Interest

PERENNIAL PLANT EXCHANGE 2023

Instructor: Deb Shubat

Come and share in this annual exchange for new or experienced gardeners. Ms. Shubat will discuss varieties of plants, those good in northern climates, pitfalls and gardening tips and hints. Participants should dig and split perennials that are overgrown and share them with others in this informative evening. Bring your plants in small containers if possible. Label each with plant name, color and size, if known. Helpful items to bring: a splitting knife, plant labels, gloves, boxes and containers, notebook or paper. Meet in the Ordean East School Cafeteria (2900 E 4th St.) Call if you would like more information: 218-336-8760 X 1

#2165 ORD 5/22 Mon 5:30-7:30 PM 1 Mtg \$5



PRESENTING YOURSELF WITH STYLE AND CONFIDENCE

Instructor: Yana Stockman

Giving a speech, being in an interview or impressing someone special on a date can provoke great fears for people. Learn useful tips and guidelines for presenting yourself. You will learn about clothing color combinations, shapes and styles to translate the message you want to send.

#2116 ONLINE 5/2 Tue 6:00-7:00 PM 1 Mtg \$25

QUESTIONS ABOUT DIVORCE AND CUSTODY

Instructor: Matthew Beaumier

This seminar will involve a general overview of the marital dissolution process in the state of Minnesota. This will include an analysis of the current status of the law with respect to custody and parenting time of minor children, issues of property division, spousal maintenance (aka alimony), child support, division of marital debt, pension division, and other matters typically addressed in a divorce. This also will provide an overview of how a judge handles matters from the beginning of a case until the matter is eventually resolved through an agreement or, if necessary, by trial.

#2150 ORD 5/15 Mon 6:00-8:00 PM 1 Mtg \$5

REAL ESTATE 101

Instructor: Leah Borgren

Whether you're thinking of buying or selling, come meet our panel of local experts and get answers to all of your real estate questions. Realtors, mortgage lenders and a licensed home inspector



will be on hand to guide you through the process and share their knowledge of the current market and what you can expect as you plan for your future. Monday's class will be geared toward "Buyers" and Tuesday's will be geared toward "Sellers". Students may attend one or both nights depending on their level of interest.

#2162 ORD 4/24-25 Mon/Tue 6:00-8:00 PM 2 Mtg \$5



SET AND CRUSH YOUR GOALS IN 30 DAYS

Instructor: Yana Stockman

Remember when you were ready to jump into your 2022 new year's resolution? This year we might need a little help with motivation to start a project, create a habit or change our career. This class can point you in the right direction. You will learn how to set & crush your goal in 30 days, gain clarity regarding what you want to accomplish, and help determine areas of focus.

#2200 ONLINE 4/18 Tue 6:00-7:00 PM 1 Mtg \$25

SIMPLIFY YOUR SPENDING AND SAVING STRATEGIES

Instructor: Rebecca Hudoba

This presentation is designed to help you bring balance to your budget. You'll learn more about: setting personal financial goals, balancing saving, spending and borrowing to help achieve your goals, strategies for controlling debt and improving credit scores, and practical savings options for now through retirement. Presented by an experienced financial advisor. Must be 18 years or older to attend.

#2170 ORD 4/27 Thu 7:00-8:30 PM 1Mtg \$5

SMALL AND SUSTAINABLE - ONE COUPLE'S JOURNEY

Instructor: Debra Hannu

Our grandparents all left the farm and went to work in the city...and here we are turning back the other way! We'll share our journey from living exclusively as 'city kids' back to doing things the way our grandparents did-with a few twists! From growing produce to fruit trees, beekeeping to pest control, composting toilets to woodchucks, forest management to solar power, the proprietors of a small working farm share their adventures along the way.

#2113A ORD 5/17 Wed 6:00-8:00 PM 1 Mtg \$10

#2113B ORD 6/14 Wed 6:00-8:00 PM 1 Mtg \$10

SOCIAL SECURITY: TIMING IS EVERYTHING

Instructors: Jordan A. Fahlsing, FIC and Kevin J. King, FIC

When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? Social Security is a vital income source for many retirees. But it can be a confusing topic and making the most of it can have a lot to do with timing it right. This workshop can help you get answers to your questions and learn what Social Security can mean for you.

#5162 LIN 4/26 Wed 6:00-7:00 PM 1 Mtg \$5

STOCKS: THE NUTS AND BOLTS

Instructor: Rebecca Hudoba

Stocks may play a major role as investors try to reach their long-term financial goals. This presentation shares basic information to help investors evaluate how this type of investment may fit into an overall strategy. We will look at common vs. preferred stock, dividends, investment strategy and different ways to own stock. Presented by an experienced financial advisor. Must be 18 years or older to attend.

#2173 ORD 6/15 Thu 6:30-8:00 PM 1Mtg \$5

Health & Wellness

15 BEST EXERCISES FOR STABILITY AND BALANCE (especially for seniors)

Instructor: Diana Quinn-Jereczek

Falls are one of the leading causes of injury and death for senior citizens. However, you don't have to fall prey to slips and falls. Come learn simple exercises for improving balance and increasing your stability. Falling does not have to be a fact of life! Practicing these exercises can help you feel more stable and find more confidence in your balance while walking, moving, cleaning, shopping or doing other sports/recreation you enjoy. The second class will provide options for an optional balance assessment.

#2358 ORD 5/15-5/22 Mon 5:30-7:00 PM 2 Mtg \$15

CARING FOR AGING ADULTS



Instructor: Jolane Sundstrom

This class is intended to help adult children that are facing the reality of caring for their aging parents. You may also learn tips for caring for an elderly neighbor or friend. We will look at area services, the home environment, clothing, diet, adaptive devices, and various adjustments to make home a safer, enriching, and more comfortable place to live as one ages. Instructor was an YWCA Adaptive Recreation employee for five years, has taught Pre-CNA skills to adult students, and cared for her own elderly parents in her home and theirs over a ten year period. This old lost tradition is starting to return, as families realize financial benefits, and benefits to their loved ones by home care vs. institutional care. Previous students are invited to come and join the class discussion.

#2204 ORD 5/10 Wed 5:45 - 8:30 PM 1 Mtg \$15

CPR / AED TRAINING

Instructor: Elmer Engman

The Emergency First Response CPR and AED training is designed as a "hands on" two part program to teach CPR on infants or adults and relief of foreign-body airway obstruction (FBAO) to all lay rescuers, particularly those who are expected to respond to emergencies in the workplace and give first aid. In the Automated External Defibrillator (AED) training component, learn how to use the AED machines now available in most public buildings. Wear comfortable clothing. Bring \$30 for printed materials, certificate (good for two years) and equipment rental.

#2351A ORD 4/20-4/27 Wed 6:30-8:30 PM 2 Mtg \$15

#2351B ORD 6/15-6/22 Wed 6:30-8:30 PM 2 Mtg \$15

FIRST AID and CPR / AED TRAINING

Instructor: Elmer Engman

This class adds the additional First Aid Certification component to our CPR/AED class. The Emergency First Response CPR and AED training is designed as a "hands on" two part program to teach CPR on infants or adults and relief of foreign-body airway obstruction (FBAO) to all lay rescuers, particularly those who are expected to respond to emergencies in the workplace and give first aid. In the Automated External Defibrillator (AED) training component, learn how to use the AED machines now available in most public buildings. Wear comfortable clothing. Bring \$60 for printed materials, certificate (good for two years) and equipment rental.

#2352A ORD 4/20-5/4 Wed 6:30-8:30 PM 3 Mtg \$15

#2352B ORD 6/15-6/29 Wed 6:30-8:30 PM 3 Mtg \$15

QIGONG - ALL LEVELS, VARIETY OF FORMS

Instructor: Rob Bowe

Take control of your health and well being at any age or fitness level. These easy to learn 'moving meditations' will help you boost your immunity and live healthier. Qigong's (pronounced "Chee-gung") gentle, flowing poses, deep breathing rhythms and visualization techniques enhance the flow of Qi (energy) that fuels your movements, thoughts and emotions. We will learn a variety of Qigong techniques and touch on the Martial Arts traditional origins of Qigong. No experience necessary, as we will go over the basics of Qigong and energy movements, but still suitable for intermediate level students. Wear loose-fitting comfortable clothing.

#5206 LIN 4/26-5/17 Wed 6:30-7:30 PM 4 Mtg \$37

TAI CHI & QIGONG GENTLE EXERCISES

Instructor: Richie Townsend

In this class we will explore a variety of ancient Chinese movements and breathing exercises of Tai Chi Chuan and Qigong. They are geared towards promoting balance, proper breathing, relaxation, better circulation and increased energy. We will practice a variety of walking, standing, and sitting exercises. Students will be encouraged to find the exercises that work best for them and create their own program at home. These gentle exercises are easy to learn and practice, and having fun learning them will be the highest priority. Wear loose fitting, comfortable clothes.

#2354A ORD 4/19-5/31 Wed 4:45-5:45 PM 7 Mtg \$20

#2354B PIED 4/20-6/1 Thu 5:00-6:00 PM 7 Mtg \$20

#7111 ORD 6/14-7/19 Wed 4:45-5:45 PM 6 Mtg \$20

TAI CHI: 24 FORMS

Instructor: Richie Townsend

The Yang Style 24 Forms, also known as Simplified Tai Chi Chuan, contains the essence of Yang Family Tai Chi Chuan. In this class we will learn proper breathing, body alignment, focus of energy, and the choreographed movements of the basic forms. The main priority is to have fun and enjoy movement. The exercises are relaxing and enjoyable with many health benefits. No Tai Chi experience is needed. Wear comfortable, loose fitting clothing.

#2355A ORD 4/19-5/31 Wed 5:45-6:45 PM 7 Mtg \$20

#2355B PIED 4/20-6/1 Thu 6:00-7:00 PM 7 Mtg \$20

Project Access



TRANSFORMATION THROUGH ART

Instructor: K. Carroll

This is an opportunity for anyone with cognitive, developmental, emotional, and physical disabilities to participate in the creative process and develop as artists. Students will have sensorial fun experimenting with different art mediums & at the same time engage within a space that supports who they are. Re-discovering their hidden strengths & special gifts that may be suppressed & regain self-esteem. Guardians, care-givers and volunteers are more than welcome. No class 6/19.

#5460 ORD 6/5-6/26 Mon 5:00-6:00 PM 3 Mtg \$5

WANTED: INSTRUCTORS

Interested in offering a class through Duluth Community Education?

We are always looking for new instructors willing to share their special skill, talent, hobby, or expertise with the community. Community Education classes are creatively designed, and flexible, because they are built around the real needs of the people in our community.

For more information, please contact the Community Education Office at 218-336-8760, or email communityeducation@isd709.org.



**Community
Education**

Building bridges through lifelong learning

GETTING CRAFTY

Instructor: Joni Tausell

This class is all about making crafts. It is specifically designed for people with developmental disabilities (a staff or one other person may attend to assist if necessary). We will be making birdseed ornaments, sun catchers, pool noodle flowers and more. No class 4/24, 5/1 & 5/29.

#4215 LIN 4/17-6/5 Mon 6:00-8:00 PM 5 Mtg \$25

PROJECT ACCESS



Classes Accessible to Individuals with Disabilities or Special Needs

FREE SUPPORT

SERVICES AVAILABLE

(advance notice needed)

Interpreters, Classrooms, Mobility aids, Entrances, Readers/note takers, Elevators, Limited Scholarships, Restrooms, Disability Parking

ACCESSIBILITY

Duluth Community Education welcomes participants of all abilities. Reasonable accommodations available with advance notice. Indicate your need on registration form, or call the **Community Education Office at 218-336-8760 x3.**

INTERESTED IN TEACHING?

Have you ever thought about leading an activity or teaching a Community Education class for Project Access? You do not need a license or special training, just a desire to share your time and knowledge. Persons with disabilities are encouraged to apply.

Call the Community Education Office for more information at 336-8760 x3 or email communityeducation@isd709.org

Sports and Exercise/Fitness

BODY FITNESS

Instructor: Mary Gavitt

This class has been designed to complement your regular fitness routine. Classes include both cardio and Pilates workouts, with a focus on stretching and low impact floor exercises. A thorough warm-up and cool-down are incorporated into the class. All ages and fitness levels are welcome in this comfortable atmosphere. Bring a floor mat/pad. No class: 5/29, 7/4.

#2502 ORD 4/17-6/1 Mon/Thu 5:00-6:00 PM 13 Mtg \$30

#7100 ORD 6/13-7/27 Tue/Thu 7:45-8:45 AM 13 Mtg \$30

GOLF LESSONS: BEGINNING

Instructor: Debbie Stocke Showalter

Meet the first night at Ordean East Middle School (2900 E 4th St) the remaining nights will be on a local course (weather Permitting). For the range nights, you will need at least the 5, 7 and 9 irons plus a 1 or 3 wood and your putter. Students will pay for their own range balls. Wear appropriate clothing for outdoor play.

#2125 ORD 4/2-5/30 Tue 5:00-6:00 PM 6 Mtg \$50

#2126 ORD 4/2-5/30 Tue 6:15-7:15 PM 6 Mtg \$50

ZUMBA: LOW IMPACT

Instructor: Sue Brunette

This Zumba fitness dance class is great for beginners or those new to an exercise program. Zumba combines fast and slow rhythms that tone and sculpt the body using merengue, salsa, Cumbia, Reggaeton, hip hop and belly dance. This class is a blast with easy to follow steps for all levels, ages and sizes. No class 5/29, 6/19.

#2550 ORD 5/8-6/26 Mon 6:15-7:15 PM 6 Mtg \$35

ZUMBA: HIGH IMPACT

Instructor: Chasity Lindquist

Join the party and melt the pounds away in this Zumba fitness dance class. Zumba combines fast and slow rhythms that tone and sculpt the body using merengue, salsa, Cumbia, Reggaeton, hip hop and belly dance. This class is a blast with easy to follow steps for all levels, ages and sizes. Zumba is a great weight loss and stress relief party environment. No class 7/4.

#2552A ORD 4/18-5/23 Tue 7:00-8:00 PM 6 Mtg \$35

#2552B ORD 4/20-5/25 Thu 7:00-8:00 PM 6 Mtg \$35

#2552C ORD 4/18-5/25 Tue/Thu 7:00-8:00 PM 12 Mtg \$50

#2552D ORD 6/6-7/18 Tue 6:30-7:30 PM 6 Mtg \$35

Yoga

LAUGHTER YOGA

Instructor: Deborah Jackson

Are you a drama Mama, or a pitiful Pop? Would you like to learn how to be happy on a regular basis instead of having your emotions on a constant roller coaster ride? Learn how Laughter Yoga is the perfect medicine to do just that, and many other benefits. Laughter connects us to a deeper part of ourselves, and to others. Understand your laughter quotient, health benefits, and diaphragmatic breathing techniques that come from laughing. Everyone will practice Laughter Yoga and leave with a plan to increase laughter in their life, along with how to make it contagious. All ages and physical conditions are welcome. No mat required.

Come for the Health & Wellness benefits, stay for the fun!!!

#2516A LIN 5/3-5/10 Wed 5:30-6:30 PM 2 Mtg \$15

#2516C DEN 7/12-7/20 Wed/Thu 5:30-6:30 PM 2 Mtg \$15

GENTLE YOGA TO ENERGIZE

Instructor: Claudia Weber

In this class we will work with gentle poses with modifications that work best for your body. It is designed to be beneficial for both the inexperienced and experienced yoga practitioner. The goal is to gently energize your body and lift your frame of mind using yoga poses, breath and music. Please bring a yoga mat and wear comfortable clothes.

#2530A ORD 4/18-5/9 Tue 6:45-7:45 PM 4 Mtg \$30

#2530B ORD 5/30-6/20 Tue 6:15-7:15 PM 4 Mtg \$30

VINYASA YOGA

Instructor: Shannon Polson

Increase your flexibility and muscle endurance, while achieving mental concentration, with these 60 minute Vinyasa Yoga sessions! We'll focus on improving your

body awareness with strategically paired poses that center your breath, and posture, for a healthy alignment and a more efficient working body. Unwind the last ten minutes in savasana with a cool lavender cloth (optional) for total mind + body rejuvenation. Intensity level: Intermediate.

#2528 ORD 4/18-5/23 Tue 5:30-6:30 PM 6 Mtg \$60

VINYASA YOGA FLOW II

Instructor: Diana Quinn-Jereczek

Expect to position your body, move with your breath and focus your attention. This well balanced flow class will help to discover new and different poses to advance and enhance your practice - moving out of your head and into your body and your breath. Plan to move mindfully while building flexibility, strength and balance, yet slowing down, moving purposely, powerfully, and breathing deeply. All modifications welcome. Bring a yoga mat.

#2525 ORD 4/20-5/25 Thu 6:00-7:00 PM 6 Mtg \$45

YOGA FOR ATHLETES

Instructor: Mary Gdula

In this class we will be moving with intention through traditional yoga poses while reconnecting with our breath, focusing on alignment, and increasing flexibility. No prior yoga experience needed. Please bring a mat.

#2520 ORD 4/24-5/22 Mon 6:30-7:30 PM 6 Mtg \$45

YOGA FOR VITALITY

Instructor: Anna Swarts

This slower paced class welcomes beginners and anyone who wants to practice mindful movement in a positive, small group environment. Modifications and alternatives will be provided. Please bring a mat and wear comfortable clothing.

#5201 LIN 4/17-5/15 Mon 5:30-6:30 PM 5 Mtg \$35

Music

5-STRING BANJO: BEGINNING

Instructor: Eileen Sugars

Learn to play Scruggs-Style 5-string banjo. Learn how to hold, tune, and pick your banjo. Also shopping for banjos and accessories, chords, practice methods, reading banjo tablature with eventual learning to play by ear, and some basic bluegrass tunes. Please bring a 5-string banjo in playable condition, 1 thumb pick and 2 finger picks.



5-STRING BANJO: INTERMEDIATE

Instructor: Eileen Sugars

For those wishing to continue their banjo journey, we will start transitioning into the "soft skills" of learning to play by ear, improvising in different keys, playing in a group, and basic music theory. Students should have basic 5-string skills and be able to play some tunes from memory.

#2471 ORD 4/25-5/30 Tues 6:00-7:00 PM 6 Mtg \$40

DULUTH CIVIC ORCHESTRA

Instructor: Brandon Smith

Play a varied repertoire for the joy of it with a congenial group of musicians. We welcome anyone who plays standard symphony orchestra instruments (within the confines of balanced instrumentation). No auditions required, and no age restrictions, but you must be able to sight-read music, have your own instrument, and play at the high school level. Regular concerts in the area. Bassists, percussionists, and low brass are especially needed!

#5450 LIN 4/18- 6/6 Tue 7:00-9:00 PM 8 Mtg \$32

DULUTH SYMPHONIC WINDS COMMUNITY BAND

Instructor: Tracey Gibbens

Dust off your old instrument and join up with a great collection of players performing fun and interesting pieces. This long-standing Duluth group welcomes all new members who can sight-read music, and provide their own instruments. Come ready for upcoming concert dates. No solos or auditions required. Trumpets and trombones are especially wanted!

#5460 DEN 4/17-7/17 Mon 7:00-9:00 PM 11 Mtg \$40

OPEN and LAP SWIM SCHEDULE

ORDEAN EAST MIDDLE SCHOOL

SPRING: Monday: 3/20-5/22 (no swim 4/10) TIME: 6:30 PM-8:00 PM

SUMMER: Monday-Thursday 6/12-7/20 (no swim 6/19 or 7/3-7/7) TIME: 1:30 PM-3:00 PM

COST: \$4 or Punch Cards Available from the Lifeguard (10 Punches for \$30). Lifeguard supervised. All ages welcome. Perfect for families and groups. There will be specially designated lap swim lanes. Balls, water wings, toys, and noodles are not allowed. Bring your own suit and towel. Family locker room area available. No diving board or block use during open swim.

LINCOLN PARK MIDDLE SCHOOL

SPRING: Tuesday: 3/21-5/23 (no swim 4/11) TIME: 6:45 PM-8:15 PM

SUMMER: Monday-Thursday 6/12-7/20 (no swim 6/19 or 7/3-7/7) TIME: 12:15 PM-1:45 PM

Ordean East Middle School aquatics facility located at 2900 East 4th St., Duluth, MN. Please enter from the parking lot in the rear of the school building off N. Hawthorne Rd.

Lincoln Park Middle School located at 3215 W 3rd St. Duluth, MN. Please park in the upper parking lot.

Questions? Please call 218-336-8760.

YOUTH SWIMMING LESSONS

Registration is easy and secure.

1. Go to www.lsscaquatics.com and click on Swim Lessons.
2. Set up your own secure personal account using your Visa or MasterCard, checks are not accepted.
3. Be sure to remember your password for future online registration.

The Fine Print

Online registration is required. Classes fill FAST and are filled on a first come first serve basis, please register early.

Scholarships are available for those eligible for ISD 709's Free or Reduced Lunch Program. Classes are subject to change.

Questions or scholarship information? Contact Howie Leathers at haleathers@gmail.com

YOUTH SWIM LESSONS - \$65 per student* Bring your own suit and towel.

ORDEAN EAST MIDDLE SCHOOL 2900 East 4th Street-Duluth: Please Park in the lot off Hawthorne

LINCOLN PARK MIDDLE SCHOOL 3215 West 3rd Street-Duluth: Please Park in the UPPER lot

Adult viewing available at balcony level. Parents are not allowed on the pool deck. Six lessons, approximately 30 minutes.

ORDEAN EAST MIDDLE SCHOOL

June 13-June 22: Cost \$65

Week One: Tuesday-Thursday, Week Two: Tuesday-Thursday (6 meetings, 30 minute lessons)

10:15-10:45 AM	Level 1	Level 2	Aqua Tots*
10:50-11:20 AM	Level 2	Level 3	Level 4
11:25-11:55 AM	Level 1	Level 3	Aqua Tots*
12:05-12:35 PM	Level 2	Level 4	Level 5/6
12:40-1:10 PM	Level 1	Level 1	Level 3

LINCOLN PARK MIDDLE SCHOOL

June 13-June 22: Cost \$65

Week One: Tuesday-Thursday, Week Two: Tuesday-Thursday (6 meetings, 30 minute lessons)

10:15-10:45 AM	Level 1	Level 2	Aqua Tots*
10:50-11:20 AM	Level 2	Level 3	Level 4
11:25-11:55 AM	Level 1	Level 3	Aqua Tots*

*Aqua Tots (Parent/Child with Instructor) Cost \$35

Designed as fun water time for children 6 months to 4 years. An adult must accompany each child in the pool. Includes games, songs, and pre-swimming skills. Each swimmer must have their own suit (or swim diaper) plus a towel.



Pool Activities

ABS & AQUA FIT Instructor: Jolane Sundstrom

A safe, complete floor stretching and water aerobics workout. Floor exercises in the locker commons on main floor for 25 minutes, followed by 50 minutes of pool aerobics. A peaceful approach to a relaxing but vigorous workout. Feel your best gaining strength and stamina! Bring (or wear)



swimsuit, towel and a mat for floor exercise. Some pilates, stretching, toning, balance and strengthening exercise. Enjoy the company of some fine women ages 20 - 80.

#2750A ORD Tue/Thu 4/25-6/1 6:30-8:00 PM 12 Mtg \$35

#2750B ORD Thu 6/15-7/6 6:30-8:00 PM 4 Mtg \$25

BEGINNING SCUBA DIVING

This class is for beginners, ages 12 and up (students under age 18 must be accompanied by a parent/guardian). Classroom and pool time will give you the knowledge and skills to make the open water dives required for certification. The four dives required for certification are not part of the class fee. All equipment is provided including mask, fins and snorkel. There is an equipment fee of \$125 payable to the instructor for equipment use and materials.

Instructor: Jorie Strunk

#2752A ORD 4/19-5/24 Wed 6:30-8:30 PM 6 Mtg \$25+

Instructor: Danielle Tikalsky

#2752B ORD 6/14-7/19 Wed 6:30-8:30 PM 6 Mtg \$25+

SEA KAYAK RESCUE TECHNIQUES



Instructor: Joe Trela

Students will learn the basics of sea kayaking. Skills include safe entry and exit of the kayak, self-rescue, and tandem rescue techniques. Kayaks are provided for use. Class is held in the Ordean East pool.

#2752A ORD 4/18-4/20 Tue/Thu 6:00-8:00 PM 2 Mtg \$45

#2752B ORD 5/31-6/7 Wed 6:00-8:00 PM 2 Mtg \$45

#2752C ORD 06/05-06/12 Mon 5:00-7:00 PM 2 Mtg \$45

#2752D ORD 6/20-6/27 Tue 5:00-7:00 PM 2 Mtg \$45

#2752E ORD 7/10-7/17 Mon 5:00-7:00 PM 2 Mtg \$45

#2752F ORD 7/11-7/18 Tue 5:00-7:00 PM 2 Mtg \$45



Compassionate Communication: The Art of Empathic Listening & Speaking

In this initial intro class, participants learn the basics of a communication model known as Nonviolent Compassionate Communication (NVC). It is a language of authenticity and empathy. The goal of NVC is learning to discover what is really "alive" in us and others, versus making assumptions, judgments and diagnoses.

This class is free through Duluth Thrives.
Learn more and register at duluthaces@gmail.com
All are welcome! Do join us!

When: Thursdays: May 18, May 25, June 1

Time: 6-7:30 pm via Zoom

Taught by Ann Harrington, M.A.

Ann Harrington Training & Consulting, annwharrington.com

Need Some Extra Cash?

Work with us in the ISD 709 Duluth School Lunch Program!



We need Kitchen Assistants and Dishwashers

PLEASE APPLY TODAY!

We offer:

- Convenient Daytime Shifts
- No Night/Weekends
- Free Lunch
- Great Benefits

Contact:

**Child Nutrition Department
(218) 336-8707**

See our contact info and give us a call!

CLASS LOCATION CODES

Denfeld High School (DEN)

Lincoln Park Middle School (LIN)

Ordean East Middle School (ORD)

Piedmont Elementary (PIED)

Myers Wilkins Elementary (MYW)

Laura MacArthur Elementary (LMAC)

Welcome to Early Childhood Education Birth to Age 5!

Early Childhood Family Education (ECFE) is a program of Duluth Community Education, with a mission of lifelong learning.

We understand that parents are a child's first and most important teachers. We partner with our parents and families to offer the very best in early childhood and family education. Our team of parent educators and early childhood teachers offer support and education for your child and your family. Please join us for a parent/infant class or a class for you and your on-the-move toddler.

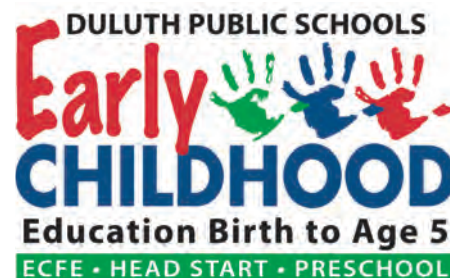
We are eager to welcome your family and young children as an important part of our school communities.



What Happens in ECFE?

All Early Childhood Family Education (ECFE) programs include parent education, early childhood education, and parent-child interaction.

- Parent education time: Guided by a licensed parent educator. Conversations are focused on research-based curriculum, relate to child and parent development and are tailored to meet parent and family needs.
- Parent-child time: Time in the children's classroom for parents and children to play and learn together in a safe and educational environment.
- Early childhood classroom time: Children will have time to play with peers and enjoy activities planned by a licensed early childhood teacher.
- Sibling care: Sibling care is offered, for your convenience, to siblings of class participants. You must register your children for sibling care.
- Parent Advisory Council: Parents are given the opportunity to be part of site and citywide advisory council to offer their input around programming.
- Family events: Offered throughout the year at various locations.
- Home visits: Offered to families who are not able to attend a class or have a need to address individual child, parent, or family needs.



Duluth Early Childhood Office:

4316 Rice Lake Road, Suite 108
Duluth, MN 55811
218-336-8815
earlychildhood@isd709.org

Check us out online!

www.isd709.org
(SCHOOL & PROGRAMS/
Opportunities/Pre-school Birth to Age 5)
earlychildhood@isd709.org



Duluth ECFE-Early Childhood
Family Education

**REGISTRATION OPENS APRIL 1
FOR THE 2023-2024
SCHOOL YEAR!**

Online registration is available:

www.isd709.org
(HOW TO ENROLL – EARLY CHILDHOOD)
earlychildhood@isd709.org



What are the Benefits of ECFE?

For Parents & Families:

- Information on child development
- Strategies for effective limit-setting and teaching
- Strategies for balancing work & family & managing stress
- Familiarity with community resources for families with young children
- Comfort with schools and understanding the parent's role in supporting kindergarten readiness and long-term school success
- Focused time for parents and children to learn & explore in an early childhood environment

For Schools & Communities

- Parents who have positive connections to schools and other community programs
- Parents who are engaged and ready for leadership in schools
- Enhanced social connections and informal support between families in the community
- Community norms for appropriate and effective discipline for young children

MIXED AGES

Mixed Ages classes are a great opportunity for families with more than one child to be able to experience ECFE. Classes start with parent-child activity time.

Parents and children play and learn together in a safe and educational environment. During the Parent Ed time, children stay with the early childhood teacher and staff. This is an opportunity for children to play with peers and enjoy activities in all areas of development. Parents attend a discussion group led by a Parent Educator. The parent group includes information on developmental, age-related concerns and allows time to get to know other parents.

Mondays:

Lester Park: 9:00-10:30 0-4 Year Olds
Lester Park: 11:00-12:30 0-4 Year Olds
Lester Park: 3:30-5:00 0-4 Year Olds
Lester Park: 5:30-7:00 0-4 Year Olds
Piedmont: 11:00-12:30 0-4 Year Olds

Tuesdays:

Lester Park: 3:30-5:00 0-4 Year Olds
Piedmont: 5:30-7:00 0-4 Year Olds
Washington: 9:00-10:30 0-4 Year Olds
Washington: 11:00-12:30 0-4 Year Olds

Wednesdays:

Stowe: 9:00-10:30 0-4 Year Olds
Stowe: 11:00-12:30 0-4 Year Olds
Stowe: 5:30-7:00 0-4 Year Olds



PARENT/INFANT

Babies learn best by interacting with the people and objects in their environment. Learn about the importance of these early years and what you can do to promote healthy development. Parent/Infant classes include parent-and-baby activity time, parent discussion time, and time to connect with other parents. Parent/Infant classes are non-separating classes.

Mondays:

Piedmont: 3:30-5:00 0-12 Month Olds
Piedmont: 5:30-7:00 0-12 Month Olds

Wednesdays:

Lester Park: 9:00-10:30 0-12 Month Olds
Lester Park: 11:00-12:30 0-12 Month Olds
Washington: The First Few Years 3:00-5:00 0-23 Month Olds

THE FIRST FEW YEARS... (FORMERLY FIRST YEAR)

Lead by an Early Childhood and Parent Educator with the support of a Licensed Social Worker specializing in Infant Mental Health, Public Health, nutrition experts and others. This program assists parents who have limited support during the critical transition time between pregnancy, parenthood and the first few years of a child's life.

With a small group of parents, observe your child's growth and development, and learn about your relationship with your child. Uses strength based pieces of The Mothers & Babies Program, The Ounce Scale and The Circle of Security.

Who: Parents of children during pregnancy to age 2 yrs

When: Wednesdays 1:00-3:00

Where: Washington Center
310 N 1st Ave W, Duluth, MN 55806

If you are or know a family who would benefit from this program or would like additional information about parenting support, please call

218-336-8815 or
earlychildhood@isd709.org.



The First Few Years and The Child Care Mentoring Program are offered in a collaboration with grants from The Northland Foundation.

CHILD CARE PROVIDER MENTORSHIP

In a group environment, a licensed early childhood or parent educator provides the Circle of Security Parenting series and coaching for in-home child care providers. Please contact our office if you are interested in this FREE opportunity. The teacher will reach out to those interested to work out place/time details. Spaces are limited.

218-336-8815 or earlychildhood@isd709.org

HOME VISITS

ECFE offers home visits to families who cannot attend class or would benefit from a parent educator visiting them at home to address individual child, parent, or family needs. If you have questions about home visiting, please contact the ECFE office. 218-336-8815 or earlychildhood@isd709.org. Visits can also be done by phone or virtually.



FREE Six Week Parent/Infant Class

ECFE offers a Six Week class for parents of 0-4 month olds. These classes provide support, insight on development and attachment and supportive connections.

Summer Session	Session #1	Session #2	Session #3	Session #4	Session #5
Piedmont Elementary	Piedmont Elementary	Piedmont Elementary	Piedmont Elementary	Piedmont Elementary	Piedmont Elementary
2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201
Tuesdays 10:30-12:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00
June 6, 13, 20, 27 July 11, 18	September 20, 27 October 4, 11, 18, 25	November 1, 8, 15, 29 December 6, 13	January 3, 10, 17, 24, 31 February 7	February 28 March 6, 13, 20, 27 April 3	April 24 May 1, 8, 15, 22, 29

ONE YEAR OLDS

Your toddler's road to independence has begun. Enjoy time playing with your toddler in a safe and educational environment. Children will have time to play with peers and enjoy activities in all areas of development, while parents engage in a discussion led by a licensed Parent Educator. The parent group includes information on developmental and age-related concerns and allows time to get to know other parents. We realize separation from one year olds can be difficult. One-year-old classes will begin a gradual separation when each group is ready.

Tuesdays:

Lester Park: 9:00-10:30 1 Year Olds

Piedmont: 3:30 -5:00 1 Year Olds - Sibling care available - registration required

Thursdays:

Piedmont: 9:00-10:30 1 Year Olds - Sibling care available - registration required

TWO YEAR OLDS

Two-year-old classes start with parent-child activity time. This is a great opportunity for parents and children to play and learn together in a safe and educational environment. While parents meet nearby, children stay with the early childhood teacher and staff. They have the opportunity to play with peers and enjoy activities in all areas of development. Parents attend a discussion group led by a licensed Parent Educator. The parent group includes information on developmental and age-related concerns and allows time to get to know other parents.

Mondays:

Piedmont: 9:00-10:30 2 & 3 Year Olds - Sibling care available- registration required

Tuesdays:

Lester Park: 11:00-12:30 2 Year Olds

Thursdays:

Lester Park 9:00-10:30 2 Year Olds

Piedmont: 11:00-12:30 2 & 3 Year Olds - Sibling care available - registration required

THREE & FOUR YEAR OLDS

Three- and four-year-old ECFE classes start with parent-child activity time. This is a great opportunity for parents and children to play and learn together in a safe and educational environment. While parents meet nearby, children stay with early childhood teacher and staff. They have the opportunity to play with peers and enjoy activities in all areas of development. Parents attend a discussion group led by a licensed Parent Educator. The parent group includes information on developmental, age-related concerns and allows time to get to know other parents.

Mondays:

Piedmont: 9:00-10:30 2 & 3 Year Olds - Sibling care available
- registration required

Thursdays:

Lester Park: 11:00-12:30 3 & 4 Year Olds
Piedmont: 11:00-12:30 2 & 3 Year Olds - Sibling care available
- registration required



LESTER PARK ELEMENTARY SCHOOL

5300 Glenwood Street Room 210
Duluth, MN 55804
218-336-8875

ECFE Classes begin the week of September 11, 2023

Monday	Tuesday	Wednesday	Thursday
9:00-10:30 Mixed Ages 0-4 Year Olds	9:00-10:30 1 Year Olds	9:00-10:30 0-12 Month Olds	9:00-10:30 2 Year Olds
11:00-12:30 Mixed Ages 0-4 Year Olds	11:00-12:30 2 Year Olds	11:00-12:30 0-12 Month Olds	11:00-12:30 3 & 4 Year Olds
3:30-5:00 Mixed Ages 0-4 Year Olds	3:30-5:00 Mixed Ages 0-4 Year Olds		
5:30-7:00 Mixed Ages 0-4 Year Olds			

WASHINGTON FAMILY CENTER

310 N 1st Ave W Room 110
Duluth, MN 55802
218-461-2081 or 218-461-7250

ECFE Classes begin the week of September 11, 2023

Monday	Tuesday	Wednesday	Thursday
	9:00-10:30 Mixed Ages 0-4 Year Olds		
	11:00-12:30 Mixed Ages 0-4 Year Olds		
		1:00-3:00 First Few Years 0-23 Months	

PIEDMONT ELEMENTARY SCHOOL

2827 Chambersburg Ave Room 201
Duluth, MN 55811
218-336-8950

ECFE Classes begin the week of September 11, 2023

Monday	Tuesday	Wednesday	Thursday
9:00-10:30 2 & 3 Year Olds			9:00-10:30 1 Year Olds
11:00-12:30 Mixed Ages 0-4 Year Olds			11:00-12:30 2 & 3 Year Olds
3:30-5:00 0-12 Month Olds	3:30-5:00 1 Year Olds	2:30-4:00 Six Week Class 0-4 Month Olds	
5:30-7:00 0-12 Month Olds	5:30-7:00 Mixed Ages 0-4 Year Olds		

STOWE ELEMENTARY SCHOOL

715 101st Ave West Room 25
Duluth, MN 55808
218-336-8700 ext. 3897

ECFE Classes begin the week of September 11, 2023

Monday	Tuesday	Wednesday	Thursday
		9:00-10:30 Mixed Ages 0-4 Year Olds	
		11:00-12:30 Mixed Ages 0-4 Year Olds	
		5:30-7:00 Mixed Ages 0-4 Year Olds	

FREE Six Week Parent/Infant Classes

PIEDMONT ELEMENTARY SCHOOL

2827 Chambersburg Ave Room 201
Duluth, MN 55811
(218-336-8950)

Summer Session	Session #1	Session #2	Session #3	Session #4	Session #5
Piedmont Elementary	Piedmont Elementary	Piedmont Elementary	Piedmont Elementary	Piedmont Elementary	Piedmont Elementary
2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201	2827 Chambersburg Ave, Room 201
Tuesdays 10:30-12:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00	Wednesdays 2:30-4:00
June 6, 13, 20, 27 July 11, 18	September 20, 27 October 4, 11, 18, 25	November 1, 8, 15, 29 December 6, 13	January 3, 10, 17, 24, 31 February 7	February 28 March 6, 13, 20, 27 April 3	April 24 May 1, 8, 15, 22, 29

ECFE REGISTRATION & TUITION INFORMATION

REGISTRATION

Register online at www.isd709.org
(Academics-Early Childhood)

Contact our office if you would like
a paper registration form mailed or
emailed to you.

Duluth Early Childhood Office:
4316 Rice Lake Road, Suite 108
Duluth, MN 55811

Phone: 218-336-8815, option 1

Email: earlychildhood@isd709.org

REGISTRATION TIMELINE

In order to be included in the first
round of registration, you must
register by **May 1st**. As in previous
years, registrations will be put
into a lottery if more people have
registered then there are spaces
available.

CLASS CONFIRMATION

Confirmation emails will be sent to
you on or before May 15th. If you
do not have an email a confirmation
letter will be mailed to you.

**We continue to take registrations
throughout the school year if
there are openings.**

SELECTING A CLASS

We enroll according to the age a
child is on 09/01/23. For example,
if you are enrolling in a 1-year-old
class, your child must have turned
one on or before 09/01/23.

MULTIPLE CLASSES

In order to serve as many families
as possible, we allow a family to be
registered in only one class at a time.

ATTENDANCE

Out of respect for families on a
waiting list, consistent attendance
is expected.

REGISTRATION OPENS APRIL 1 FOR THE 2023-2024 SCHOOL YEAR!
ECFE CLASSES BEGIN THE WEEK OF SEPTEMBER 11, 2023



TUITION

The ECFE program depends upon fees from
participants to maintain its scope of services.
Fees are based on a sliding scale determined by
family income. All are welcome. **No family
is denied a class due to inability to pay.**
Please call our office to discuss options.
All payments are confidential.

**Tuition will be charged monthly
September - May.**



**EARLY CHILDHOOD
FAMILY EDUCATION**

ECFE SESSIONS

<i>Annual Income</i>	<i>Monthly Fee September - May</i>
\$80,000 or more	\$44
\$60,000-\$79,999	\$34
\$40,000-\$59,999	\$24
\$20,000-\$39,999	\$14
Under \$20,000	\$9

SIBLING CARE

<i>Annual Income</i>	<i>Monthly Fee September - May</i>
\$60,000 or more	\$9
\$20,000-\$59,999	\$5
Under \$20,000	\$3



Circle of Security® PARENTING SERIES

CIRCLE OF SECURITY PARENTING COURSE

Location: Piedmont Elementary School, Room 201 - 2827 Chambersburg Ave

Summer Session: Tuesdays June 6, 13, 20, 27, July 11, 18, 25, August 1

Time: 12:30-2:00 pm

Session 1: Mondays September 18, 25, October 2, 9, 16, 23, 30, November 6

Session 2: Mondays January 29, February 5, 12, 26, March 4, 11, 18, 25

Session 3: Mondays April 1, 8, 22, 29, May 6, 13, 20, June 3

Time: 5:30-6:45 pm **Cost:** \$25.00 (includes all 8 sessions)

** Fee can be waived for families that need financial assistance

*Commitment to attending the course is important as each class builds upon the other.

Who can attend: Anyone caring for children is welcome to attend! COSP has been highly valued by parents, grandparents, teachers/school staff, childcare providers, foster parents, and more!

Seats are limited. Limited childcare spots as well. Registration can be found at duluthcommunityed.org. Please email sharie.blevins@isd709.org or call 218-336-8815 with any questions.

The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. The sessions are practical skills-based, using video clips, discussion, and handouts to explore children's emotional needs and build parents' ability to respond sensitively to those needs.

You Will Learn To:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem



Lynn Henderson is a mother of four, and a registered Circle of Security® Parenting™ facilitator. She completed a Masters degree in Family Science, and works as an Early Childhood Teacher and Parent Educator for the ECFE program at ISD 709.



COMMUNITY RESOURCE HUB

Helping pregnant
parents & families
of young children
access services

Help finding resources to keep you and your young child healthy, learning, and on more solid financial footing!

There are many kinds of programs and services for families with young children (birth to 8 years old) and parents who are expecting a baby.

Find out what is available, if you are eligible, and how to sign up. Work with a local navigator who can answer questions and work with you to get to the next step.



**Explore and use the
Help Me Connect
website and Bridge
to Benefits website.**



Apply for things like

- food and nutrition programs
- health insurance programs
- tax credits
- child care resources
- medical & dental care
- and more



Connect with services like

- preschool screening
- early learning programs
- disability services
- family wellbeing and mental health
- legal services
- and more

CALL OR EMAIL US:

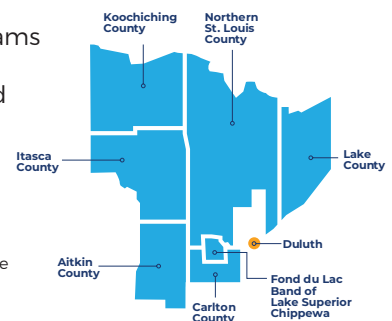
Navigator Name **Diane Mozol**

Name of Organization

Phone Number **218-461-7250**

Email diane.mozol@isd709.org

FUNDING INFORMATION: This project is made possible using federal funding, 93.434 - ESSA Preschool Development Grants Birth through Five. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Office of Child Care, the Administration for Children and Families, or the U.S. Department of Health and Human Services.



HELP ME GROW - WHEN PARENTS KNOW, CHILDREN GROW

Every child is unique. No two children develop, grow, and learn at exactly the same pace. And yet children develop in predictable ways. Babies and toddlers are constantly growing, learning, and changing all the time. It is fun to watch! Some children may need extra help to meet their milestones. Special health conditions may also affect a child's development. If you are concerned about your child's growth, development, or learning, we encourage you to contact us at **HelpMeGrowMN.org** or call **218-336-8744**.

help me



The **Early Intervention program** and **Early Childhood Special Education** is accessed through the Help Me Grow referral system. Developmental screenings and evaluations may be done in all areas of development, including:

- Communication
- Fine and Gross Motor
- Adaptive
- Medical/Health
- Cognition
- Behavior and Social-Emotional
- Hearing

If a child is eligible for Early Intervention services or Early Childhood Special Education, these services are made available free of charge.

EARLY CHILDHOOD SCREENING

Duluth Public Schools offers **FREE** Early Childhood Screening throughout the year. Early Childhood Screening is a free and simple check of how your child is growing, developing, and learning. Screening may help to link families to free learning opportunities or other community resources. Screening at 3 years old is preferred, but a child may be screened between the ages of 3 years and the start of kindergarten. All students are required to be screened by law prior to entering kindergarten.

Screening is available at our **new location at 4724 Mike Colalillo Dr. 55807**. Currently screenings are typically Tuesdays and/or Thursdays between 8:00 a.m. and

3:00 p.m. There are occasional evenings and Saturday appointments. Please be sure to look for specific dates and times online or call 218-336-8816. View the screening calendar online and arrange an appointment at:

Online: isd709.org → How to Enroll → Birth to Age 5 → Schedule Screening OR

<https://www.isd709.org/for-new-families/birth-to-pre-k/early-childhood-screening/schedule-screening-appointment>

Phone: **218-336-8816**

Email: ecscreening@isd709.org

EARLY CHILDHOOD SPECIAL EDUCATION (ECSE)

Provides individually tailored programs for children with identified areas of need or disabilities from birth through six years of age. These services include screening, identification, evaluation, special education, related services and support for families. An individualized educational plan is written for children who qualify for services. Services are provided in home, community, and classroom settings and are free of charge to families.

Phone: **218-336-8744**

Online Referral option: **HelpMeGrowMN.org**





Duluth Preschool



What are the benefits of attending Duluth Preschool?

Strong bodies: We strive to spend at least one hour outside daily. We work to ensure families have access to healthcare and balanced meals offering health and nutrition services.

Strong minds: We implement an inquiry-based curriculum that encourages curiosity, collaboration, and communication in a play-based environment led by licensed teachers.

Strong families: We provide advocacy, support, and education to parents and caregivers. We partner with families to celebrate strengths and reach for goals.



Nature Based Programming:

All classrooms have access to nature play areas and rain gear.

Children enjoy fun activities such as snow shoeing, hiking, fort building and many other great experiences!

Spending time outside in all types of weather has many benefits for children.



Duluth Preschool is collaborating with AEOA Head Start to offer Early Head Start Home Visiting in Duluth.

Visit their website at aeoa.org to apply or contact them at 218-748-7351



We are proud to be one of the first preschool programs in the state to earn a **four star rating** from Minnesota Parent Aware - the highest rating possible! Parent Aware's rating system helps parents find preschools and childcare programs focused on high quality early learning and kindergarten readiness.

For more information check out the parent aware website:
www.parentawareratings.org



BUS TRANSPORTATION

- Available TO & FROM Full Day Classes
- Available TO the AM Classes
- Child must be 4 years old by 9/1/23
- Must be transported to/from an address within the transportation boundaries
- Mid-day bussing is not available

GREAT NEWS!

Many of our preschool classrooms have once again been awarded Minnesota Reading Corp tutor positions.

For more information or to apply to be a tutor visit:
www.minnesotareadingcorps.org



If you have questions about Duluth Preschool:

218-336-8815 option 2
earlychildhood@isd709.org



Duluth Preschool



Income verification is required in order for your application to be complete. Income verification can be mailed, emailed, or faxed to our office.

TUITION

- Head Start qualifying families will not pay any tuition.
- Voluntary Pre-Kindergarten families will not pay any tuition.
- School Readiness funded families pay tuition based on a sliding fee scale. All payments are confidential.

TUITION ASSISTANCE

State Early Learning Scholarships give families financial support to help pay for high quality early learning care and education to prepare their young children for school.

To be eligible for a scholarship, families must:

1. Live in St. Louis County.
2. Have a child who is 3 or 4 years old by 09/01/2023 .
3. Have an annual income at or below 185% of the Federal Poverty Guidelines.

*Call the Northland Foundation if you have any questions about the scholarships or application.
218-260-2736 or 1-800-433-4045*

SLIDING FEE SCALE FOR SCHOOL READINESS FUNDED FAMILIES

ALL DAY CLASSROOMS

Income	Annual Tuition	Monthly Payment Sept-May
\$75,000 or more	\$3,344	\$371
\$40,000 to \$74,999	\$2,628	\$292
\$20,000 to \$39,999	\$1,593	\$177
Under \$20,000	\$0	\$0

HALF DAY CLASSROOMS

Income	Annual Tuition	Monthly Payment Sept-May
\$75,000 or more	\$2,573	\$286
\$40,000 to \$74,999	\$2,079	\$231
\$20,000 to \$39,999	\$1,260	\$140
Under \$20,000	\$0	\$0

FEDERAL POVERTY GUIDELINES USED FOR HEAD START ENROLLMENT

Persons in Family/ Household	Poverty Guideline
2	up to \$19,729
3	up to \$24,860
4	up to \$30,000
5	up to \$35,140
6	up to \$40,280
7	up to \$45,420
8	up to \$50,560
Each Additional Person	add \$5,140

HOW TO APPLY

- **Online Application:** Complete the application online at www.isd709.org ► How to Enroll ► Birth to Age 5
- **Paper Application:** Call our office if you would like a copy mailed to you. Paper copies are also available at the elementary schools.
- **Personal Appointment:** Please call 218-336-8815 option 4 to schedule time with our enrollment recruiter in person.
- **Phone Application:** Please call 218-336-8815 option 4 to apply over the phone.

K.E.Y. ZONE

K.E.Y. Zone

Knowledge, Enrichment & Youth Development

Offers year-round programming for students grades K – 5

K.E.Y. Zone is a collaborative program of the Duluth Area Family YMCA and Duluth Public Schools.



Summer K.E.Y. Zone Details:

- Dates: June 20th – August 25th
- No program July 3rd and 4th
- Families must select at least 20 days minimum for summer care
- Four Select School Sites
- Daily Rate of \$45
- New families will need to pay a \$35 registration fee
- This program is for youth who have completed kindergarten through 5th grade

Summer 2023 Registration Opens March 6th at 7:00 a.m.
School Year 2023–24 Registration Opens April 3rd at 7:00 a.m.

For Rates and Registration:

visit duluthcommunityed.org or contact
mark.connor@isd709.org (218) 336-8900 x2

More Information:

isd709.org duluthymca.org
[Facebook.com/keyzoneduluth](https://www.facebook.com/keyzoneduluth)

Child Care Assistance is accepted and scholarships are available for qualifying families.



ISD
709
Duluth
Public Schools



**JOIN OUR CAUSE
BE A PART OF
OUR TEAM**

YOU CAN MAKE A DIFFERENCE WITH YOUTH

Youth Specialists

Staff maintain a safe and engaging environment for school-aged youth in an afterschool or day camp setting. Support youth while building your skills.

SCAN TO APPLY



**15+ years of age minimum
starting rate of \$15/hour**
tinyurl.com/careercenterymca
218-722-4745 x168
recruiting@duluthymca.org

**Opportunity
for Growth**

**FREE YMCA
Membership**

Flexible Hours

Paid Time Off

Driver Education

DRIVER EDUCATION PROGRAM

Driver education classes are offered at Denfeld and East High Schools, or via distance learning depending on Covid protocols. The program features 32 hours of classroom instruction leading to the permit test followed by 6 hours of behind the wheel instruction.

Classes are open to students 15 years of age and older who reside or attend public school within the Duluth School District and have their parent or guardian's permission if under 18.

Online registration for summer classes will take place this spring with dates yet to be determined. Registration information will be emailed to all Duluth Public School 9th graders at that time. If you are not in that group and would like to receive a schedule through the mail please call 336-8760 ext. 3 and leave your mailing address.

- Instructed by public school teachers
- Guest speakers from MADD, law enforcement, etc.
- Parent involvement component
- Behind the wheel cars from Kia of Duluth



WANTED: Driver Education Teachers

We are looking for individuals who may be interested in teaching Driver Education classroom and behind the wheel for the Duluth Public Schools Community Education Program.

Licensed K-12 teachers interested in teaching Driver Education through the Duluth Public schools are encouraged to contact Community Education by phone 1-218-336-8760 x3 or email communityeducation@isd709.org.

Driver Education classes are offered at Denfeld and East during after school hours and in the summer. It is a great way to earn extra money while helping students learn a critical skill.



Duluth Adult Education

DULUTH ADULT EDUCATION



- Online and In Person
- Day and Evening Classes
- Childcare Options
- Transportation Assistance

FREE CLASSES

for Adult Learners

ages 18 -99+



Build Basic Skills



Improve
Computer Skills



Learn English



Prepare for College



Get your GED
or Diploma



Start a Career Path

START YOUR FUTURE TODAY! *Register Online.*



DULUTH
ADULT
EDUCATION

ISD
709
Duluth
Public Schools

325 W. 1ST STREET, ARVIG BUILDING, 3RD FLOOR, DULUTH, MN 55802
218-336-8725 // DAE@ISD709.ORG // ISD709.ORG/DAE

Duluth Adult Education

DULUTH ADULT EDUCATION CLASS OFFERINGS

BASIC SKILLS, REFRESHER, and COMPUTER SKILLS PROGRAM

• All Classes	Ongoing	Flexible	Flexible	In person/Online	DAE
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GED and DIPLOMA PROGRAM

• GED Prep/Diploma	Ongoing	Flexible	Flexible	In person/Online	DAE
• GED Prep/Diploma	Ongoing	T, W	4:30-7:00	In person	CAD*

ENGLISH LANGUAGE PROGRAM (ESL/ELL)

• Beginner	Ongoing	M, T, W, Th	11:30-1:00	In person/Online	DAE
• Intermediate	Ongoing	M, T, W, Th	9:00-11:00	In person/Online	DAE
• Conversation and Language	Ongoing	T	5:00-7:00	In person	YMCA*
• English for Careers	Ongoing	Flexible	Flexible	Online	Remote

COLLEGE PREP PROGRAM

• Winning at Math	5/22 - 6/1	M, W, Th	9:30 - 12:50	In person	LSC
• Winning at Math	6/5 - 6/15	M, W, Th	9:30 - 12:50	In person	LSC

CAREER PATH PROGRAM

• Career Training Workshop	Ongoing	Varied	Varied	In person	SOAR
• Healthcare Core	Ongoing	Varied	Varied	Online	Remote
• Paraprofessional Training	Ongoing	Flexible	Flexible	In person/Online	DAE

*These classes offer free childcare

ALL DAE STUDENTS MAY DROP IN FOR STUDY
SESSION TO GET SUPPORT FROM A TEACHER:
MON, TUES, WED, THUR 1:30 - 3:30



START YOUR FUTURE TODAY! *Register Online.*



ISD 709 **Duluth**
Public Schools

325 W. 1ST STREET, ARVIG BUILDING, 3RD FLOOR, DULUTH, MN 55802
218-336-8725 // DAE@ISD709.ORG // ISD709.ORG/DAE

Duluth Adult Education

DULUTH ADULT EDUCATION FOR STUDENTS AGES 18-99+

CLASSES WITH CHILDCARE

GED and DIPLOMA PROGRAM

• GED Prep/Diploma	Ongoing	T, W	4:30 - 7:00	In Person	CAD
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ENGLISH LANGUAGE PROGRAM (ESL/ELL)

• Conversation and Language	Ongoing	T	4:30 - 6:30	In Person	YMCA
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CAD - Community Action Duluth
2424 W. 5th St. #102, Duluth 55806

YMCA
302 W. 1st St. Duluth 55802



START YOUR FUTURE TODAY! *Register Online.*



325 W. 1ST STREET, ARVIG BUILDING, 3RD FLOOR, DULUTH, MN 55802
218-336-8725 // DAE@ISD709.ORG // ISD709.ORG/DAE

SUPPORT ADULT STUDENTS ON THEIR JOURNEY TO LEARN, ACHIEVE, AND SHINE.



VOLUNTEER

FOR DULUTH ADULT EDUCATION

ENGLISH LANGUAGE | GED | READING and MATH | COMPUTER SKILLS

Learn more: isd709.org/duluth-adult-education/dae-get-involved OR scan:



325 W. 1ST ST. ARVIG BUILDING, 3RD FLOOR, DULUTH, MN 55802
218-336-8725 // DAE@ISD709.ORG // ISD709.ORG/DAE

Duluth Adult Education

SOAR
CAREERS

READY FOR A NEW CAREER?

WE CAN HELP WITH THAT!

From one-to-one work with employment specialists, in-house self-discovery workshops, to hands-on job skills trainings, SOAR Career Solutions has the tools to help you take the next step towards a sustainable career.

To find out more, visit our website or give us a call- we're like, super friendly.

FOR MORE-



218.722.3126



soarcareers.org



CAREER TRAINING

Looking for a new career?
We've got your back!



We offer a variety of training classes focused on in-demand jobs in fields such as Healthcare, Construction, Manufacturing, Transportation + more. These no-cost programs start you on a career path that offers opportunities for advancement.

To learn more about our current opportunities and eligibility requirements please contact us!

SOAR Career Solutions
218.722.3126 | info@soarcareers.org

Duluth Workforce Development
218.302.8400 | workforcedevelopment@duluthmn.gov

This workforce product was funded (or funded in part) by a grant awarded by the State of Minnesota Department of Employment and Economic Development (DEED). The product was created by the grant recipient and does not necessarily reflect the official position of DEED. DEED makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership.



Duluth Adult Education



Career Lab is OPEN!

WE ARE OPEN TO SERVE YOU!

NO APPOINTMENT NECESSARY TO USE COMPUTERS.

Visit the Duluth CareerForce location to:

- Utilize computers for employment or training-related activities
- Search for jobs, maintain your unemployment account, create a resume
- And more!

We are here to help!

- Friendly and skilled staff are available to assist you
- Customers can also schedule one-on-one appointments with a job counselor



Monday through Friday
10 a.m. – 4 p.m.



Duluth CareerForce
402 W 1st Street
Duluth, MN 55802



Call 218-302-8400
with any questions

We look forward to seeing you!

[CareerForceMN.com/Duluth](https://www.CareerForceMN.com/Duluth)

Individuals needing accommodations to utilize CareerForce Services or who need this document in an alternative format can contact: 218-302-8400.
CareerForce is an equal opportunity employer and program provider and a proud partner of America's Job Center Network.

1/2023

Are you age 16 to 24 and need your GED or help building employment skills? YES Duluth can help!

**Earn money for
time spent on
your GED and Job
Skills Training!**



YESDuluth

**Apply
Online!**



218-302-8400



/youthemploymentduluth



yesduluth@duluthmn.gov



/yesduluth



CareerForce

Funded by the U.S. Dept of Labor
through the Dept of Employment
and Economic Development

SUMMER 2023 PROGRAMS



Summer Programs coming to a park near you!

Summer Camps • Hiking • Fishing • Archery • Concert Series

Open Skate • Leagues • Pop Up Play • Community Events

Parks and Recreation is excited to bring a variety of summer programming focused on being out and active in our parks throughout the community.

Visit our website for Parks and Recreation Information

Program Guide • Register for Programs • Facility Rentals

Parks and Trails Projects • Volunteer Information

Register online for Parks & Recreation Programs

Visit: duluthmn.gov/parks

- Click the Register for Programs button
- Within the registration portal, click the Log In/Create Account button
- Login:
 - If you have an existing account, select Log in with Email
 - If you're new to Parks programs, select Create your Duluth Account
- Continue with online registration

Follow DuluthParksMN on social media for the latest on programs, parks, and trails!



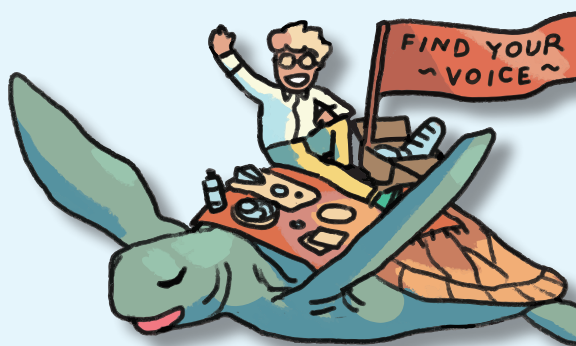
duluthmn.gov/parks • 218-730-4300

Duluth Public Library



DULUTH PUBLIC LIBRARY'S Summer Reading Program! June 1st - August 31st

Readers of all ages are invited to sign up for the Duluth Public Library's Summer Reading Program by visiting duluthlibrary.org. Log your reading time, write book reviews, and complete activities to earn badges. Earn more badges to receive more entries for the grand prize drawing!



AVAILABLE THROUGH THE DULUTH PUBLIC LIBRARY



- Stream movies
- Stream music
- Instant access to ebooks & audiobooks

To get started, sign up at hoopladigital.com or download the app. Have your DPL card handy! You'll need your library card number and your library card password.



- Borrow ebooks & audiobooks
- Borrow emagazines
- Checkout 10 items at a time

To get started, download the Libby app, find Duluth Public Library, enter your library card number and start reading!

Minnesota State Parks Library Pass

Check out a pass for **seven days** of free access to all Minnesota state parks and recreation areas. To check out a library park pass, you'll need a DPL library card. Learn more at duluthlibrary.org.



Let's Explore...



Area Learning Center

AREA LEARNING CENTER

ALC

The Minnesota Department of Education alternative education mission is to provide viable educational options for students experiencing difficulty in the traditional system. Programs are characterized by smaller class sizes and a hands-on/experiential approach to learning.

Instruction is designed to meet individual student learning styles as well as social and emotional needs. Teachers build connections with students and focus on vocational and career skills, including independent study options.

INDEPENDENT STUDY/CREDIT RECOVERY PROGRAM

Students must be at least 16 years old and meet one or more of the state eligibility guidelines.

Students ages 16-21 that need to earn credit(s) required for graduation and/or who have failed a required course for graduation are eligible.

Students who have fallen behind in their graduation credits and are currently enrolled in another area high school would be dually enrolled with ALC in these programs.

Each student can earn 1 full credit or two half (0.50) credits at a time.

Students are required to complete all of the coursework with a 60% passing grade

Students must attend at least 10 hours for every 0.50 credit.

Teachers are available Monday-Thursday 3:30p-5:00p

11 E Superior St, STE 450

Duluth, MN 55802

(218) 336-8756

WHO QUALIFIES?

Students must meet one or more of the state eligibility guidelines. Please see the "Indicators of Need" listed on the referral form

Referral/Enrollment forms are required every year and are available in the following locations: ALC main Office (Tech Village, Suite 450), Home School's Guidance Office, Links on website <https://www.isd709.org/area-learning-center/enrollment>

Students interested in Credit Recovery are required to have a counselor-signed enrollment form from their home school.

*Please note: Counselors are required to complete and sign a Continual Learning Plan (CLP) for each student. Students who are referred to ALC with 504 Plans or an IEP will work with our Special Education staff and building administration to review individual needs

TRADITIONAL SEAT-BASED PROGRAM

- The ALC Diploma Program is open to students ages 15 to 20 who meet one or more of the state eligibility guidelines.
- Students are required to attend classes Monday through Thursday, 8 am to 3:48 pm.
- This program follows a traditional 6 period school day.

CR VS IS

Credit recovery is a retake of a course that a student has failed and if they pass they will be awarded the credit.

Credit Recovery is outside of the school day.

Independent Study is a student independently works on self-paced course work and is considered a full-time student

Academic Excellence Online



LET US HELP YOU ACHIEVE YOUR GOALS

- ~A broad range of CITS classes available
- ~A personalized, relationship-based, and interactive online academic experience
- ~Meaningful feedback in real time
- ~Highly educated, experienced teachers dedicated to student success
- ~Lessons that are current, relevant and engaging
- ~A low teacher-to-student ratio, capped enrollment
- ~A local connection for students
- ~Flexible scheduling and instructor accessibility
- ~Personalized Special Education Assistance
- ~AEO courses are NCAA approved

AEO'S MISSION

Flexible, relationship-based
online learning

AEO'S VISION

Online High School Grades 9-12
To inspire every student to achieve their potential
and to prepare students to lead productive,
fulfilling lives as citizens of their communities and
the world

Call us for more
information

ISD
60709 **Duluth**
Public Schools

(218) 336-8766



Duluth Community
School Collaborative



**Looking for employees
& volunteers!**

duluthcsc.org/employment



**Make a positive impact
on youth and receive
great benefits.**

True North AmeriCorps members support social
emotional learning through one-on-one interactions,
group activities, and teachable moments.

Apply today at duluthymca.org/tnac

Contact Haley with questions at 218-722-4745 x 147
or truenorth@duluthymca.org

55+ DRIVER IMPROVEMENT PROGRAM

The Driver Improvement course is a state approved accident prevention/insurance discount course that is open to the public; pre-registration is required. A MN Highway Safety & Research Center certified instructor teaches this class. By utilizing the most up-to-date research in the field, participants will be provided the latest information in regards to driver and traffic safety, new laws, and vehicle technology. This class has something for everyone! The fee for the four hour refresher course is \$24.00 and the eight hour course is \$28.00.

For more information or to register, visit our website at www.mnsafetycenter.org or call TOLL FREE 1-(888)-234-1294.

Person's age 55 and older who complete the course qualify for a 10% discount on their auto insurance premiums for three years, according to Minnesota law. First time participants must complete the initial eight hours of training and a four-hour refresher class every three years to maintain the 10% discount.

These classes are offered by Minnesota Safety Center – DO NOT register with Duluth Community Education.

For more information or to register, visit their website at www.mnsafetycenter.org or call 1-888-234-1294.



All classes will be held at Denfeld High School, Room 1213. Enter through the main entrance.

April 5-6, 2023, from 4-8 pm each day
(8 hour new student class)

May 11, 2023, from 4-8 pm
(4 hour refresher)

August 31, 2023, from 4-8 pm
(4 hour refresher)

Duluth

Public Schools

STAY CONNECTED

www.ISD709.org: Register for high school activities, pay for school lunches, apply for free/reduced price lunch, check meals menus, sign up for a Community Education class, apply for a job, access news and information and more.

Electronic Newsletters: Sent to families via Parent Portal, text and email.

Parent Portal: Receive student info through Infinite Campus Parent Portal, sign up to receive school and district news via text and email.

www.PayPAMS.com: Pay for school lunches online, check lunch balances, apply to receive free/reduced price lunches and more.

Follow us on:

- Facebook:
@duluthpublicschools
- Instagram:
@duluthpublicschools
- Twitter:
@Duluth_Schools

What does fully funding education look like?



The funding our district receives today is not enough to serve our students properly, especially with rising costs.

Fully funding education means every student can achieve at high levels and graduate on time. It means the needs of all students are met regardless zip code or economic status.

When students' daily desired experiences are met they succeed and successful students means positive growth for our state and city.

Our legislative platform this year is asking legislators to fully fund education by increasing state aid by at least 5% and indexed for inflation; fully fund special education cross subsidy which is provide the district with an extra \$11 million in funding; and support funding for multi-tiered systems of support framework so that every student who needs a little extra help gets it.

With these asks met, we believe that our district can fully support each and ever student academically and emotionally.

Every Student. Every Day.

Exceptional learning opportunities



Duluth Public Schools are working to inspire every student to achieve their potential and prepare students to lead productive, fulfilling lives as citizens of Duluth and the wider world.

Here at Duluth Public Schools, we offer:

- Robust Curriculum
- State of the Art Classrooms, Science Labs and Media Centers
- Experienced Teachers Dedicated to Student Success
- Enhance Safety and Security
- Healthy, “Green” Facilities
- Designed for Use by Community Members of All Ages

As a community, we believe:

- Every student is unique with the potential to learn and achieve personal success.
- All children have the right to a quality education, delivered by highly qualified educators.
- A wide range of educational opportunities will lead to lifelong learners and productive global citizens.
- Including all voices in our community—inside and outside our schools, all ages and backgrounds—makes our schools strong and successful.
- Schools serve the entire community as places where neighborhoods and families find support, and people of all ages may access learning opportunities.
- It’s important to maximize available resources and identify innovative ways to attain the resources needed to further support education.



Enroll Today!



Duluth
Public Schools

Every Student. Every Day.

— WE ARE —
HIRING

ISD709.ORG/JOBS

Duluth
Public Schools

Every Student. Every Day.

STAY CONNECTED



@Duluth_Schools



www.linkedin.com/company/duluth-public-schools



@duluthpublicschools



www.isd709.org



@duluthpublicschools



info@isd709.org



4314 Rice Lake Road
Duluth, MN 55811



(218) 336-8700

Communications Officer Adelle Wellens



adelle.wellens@isd709.org



(218) 336-8735



@adellewellens



**Community
Education**

Building bridges through lifelong learning

COMMUNITY EDUCATION ISD 709
4316 Rice Lake Road, Suite 108 • Duluth, MN 55811
Phone 218-336-8760

STUDENT NAME _____

EMAIL ADDRESS _____

ADDRESS _____ CITY/STATE _____ ZIP _____

HOME/CELL _____ WORK PHONE _____

CLASS #	SITE	COURSE NAME	DATE	FEE

CHECK # _____ TOTAL _____

Adults with Disability Services Needed: ☐ Interpreter ☐ Tutor ☐ Mobility Aide ☐ Reader ☐ Other

Parent/Guardian Signature (for youth classes) _____

IMPORTANT INFORMATION

Easy ways to register:

- 1) ONLINE (preferred):** Go to duluthcommunityed.org and click on the Login icon. Set up your own secure personal account for class registration using your Visa, MasterCard, or Discover. Be sure to remember your password for future online registration.
- 2) MAIL:** Mail registration form (above) and payment to address shown on form. Checks payable to ISD #709.
- 3) PHONE:** Call 218-336-8760, then select the building where your class will be located.
- 4) IN PERSON:** Bring registration form and payment to any Community Education office.

GENERAL INFORMATION

Classes are filled on a first come, first serve basis, so register early! A \$5 registration fee is included in the course fee. Class fees do not include supplies, text, or materials fee unless otherwise stated. Such fees are paid at the class location on the first night. Registration accepted late when space is available. All information will be considered confidential. Room numbers will be posted the night of the class.

CONFIRMATIONS/CANCELLATIONS

No news is good news. It means you are in unless you hear from us. Only online registrations receive an email confirmation. If class is cancelled due to insufficient enrollment, or if a class is filled, you will be notified.

REFUND POLICY

A full refund is issued if a class is cancelled. If a student must cancel prior to the beginning of a class, requests for a refund (or credit) must be made at least two days prior to the beginning of class. If, after attending the first class, a refund or credit is desired, requests must be made in the community school office the night of the first class. There will be no refunds for single session classes. If a student requires a refund, the \$5 registration fee is non-refundable.

WEATHER/SCHOOL CLOSINGS

On days when the public schools are closed due to weather, community education locations will also be closed. If threatening weather occurs during the school-day, you will be contacted if evening classes need to be cancelled. Make sure we have your correct contact information on file.

PHOTO POLICY

I give my consent to and waive any and all rights of compensation or claim, both present and future in regard to the use of media coverage (Video footage, photos, news articles, etc.) of my guest(s) and my participation in the activities, programs, classes, and other functions as part of Community Education, including but not limited to any use for marketing purposes.



Independent School District 709
4316 Rice Lake Road, Suite 108
Duluth, MN 55811
www.isd709.org

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Sandy is a 22/23 True North AmeriCorps Member.

SCHOOL YEAR AND SUMMER SERVICE OPPORTUNITIES

Make a positive impact on youth
and receive great benefits.

Learn more and apply at duluthymca.org/tnac
Questions? 218-722-4745 x 147 or
truenorth@duluthymca.org



**TRUE NORTH
AMERICORPS**