

21st Century Skills

Encourage your child to

- find alternative ways to solve a problem
- try something on his or her own first, before getting assistance
- use positive self-talk in order to confidently make decisions
- share ideas verbally, visually, and through writing
- explain the importance of saying "no" to negative influences
- use print resources and digital tools for inquiry, research, productivity, and enjoyment

English-Language Arts

Encourage your child to

- ask family members about books they are reading
- try to figure out the meaning of new words
- read aloud to family members
- describe the personalities of characters in a story
- keep a story journal
- write thank you notes
- look at photographs and discuss memories
- practice writing emails with correct capitalization and punctuation

Mathematics

Encourage your child to

- teach you their method of working through math problems
- estimate the total price of items before paying
- practice addition, subtraction, and multiplication facts
- practice telling how much time has passed for different activities
- identify right triangles, rectangles, parallelograms, trapezoids, etc.
- make charts and graphs of your family's favorite foods, activities, etc.

Music

Encourage your child to

- listen to music from a variety of cultures and genres
- talk with you about lyrics in music
- participate in opportunities to sing or play instruments in school or in the community
- attend music performances with family and friends
- talk with you about the different ways they use music to express themselves

Science

Encourage your child to

- enjoy a night out watching the stars or early morning sunrise
- experiment with different levels of voice volume in a variety of settings
- plant a garden and journal observations
- compare and contrast different insects
- collect seeds from a variety of fruits or other plants
- describe the structure of vegetables at the dinner table
- on a walk, collect and compare leaves

Social Studies

Encourage your child to

- discuss the election and voting process with family members
- discuss with family members a person's responsibilities within the community
- discuss pros and cons of various decisions
- create and discuss maps that show various physical and human-made features
- examine their birth certificate or other documents and artifacts to find information about the past
- imagine how someone would have performed a modern task in ancient times

Visual and Media Arts

Encourage your child to

- help plan family visits to art museums
- create a personal story with art materials
- analyze how artists tell stories in pictures and movies
- analyze and create artworks to persuade
- find public art in the community

Health and Physical Education

Encourage your child to

- plan and make a balanced meal
- participate in daily exercise activities
- explain the importance of taking care of your body and practicing proper hygiene
- limit electronics usage
- track their own distance or time progress in endurance activities
- plan active family activities